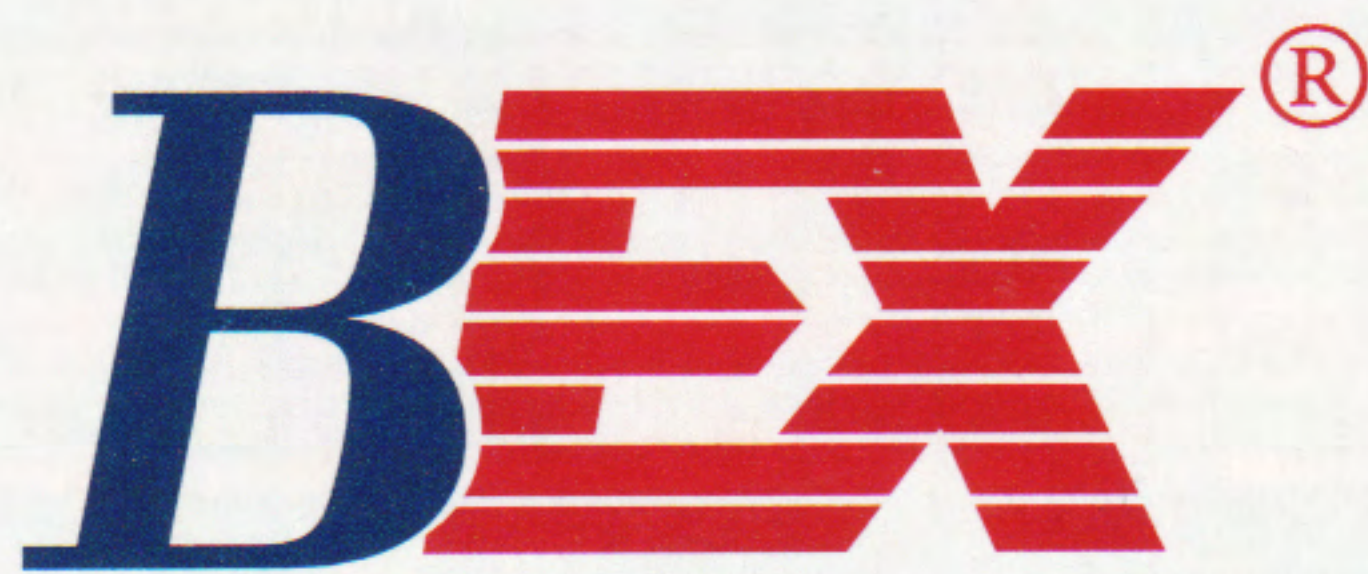


Effective
September 16, 1998



BUSINESS EXPRESS AIRLINES™

Flight Schedule

Call your travel agent or
Business Express Airlines at
1-800-345-3400

Albany, NY / Bangor, ME / Boston, MA

Burlington, VT / Halifax, Nova Scotia

Islip, NY / LaGuardia, NY / Manchester, NH

Ottawa, Ontario / Philadelphia, PA / Portland, ME

Providence, RI / Quebec City, Quebec

Rochester, NY / Syracuse, NY

Washington, DC / White Plains, NY

Dep	Arr	Flts	Stp	Via	Freq	Dep	Arr	Flts	Stp	Via	Freq
6:50 PM	9:40 PM	4244/4429	1	BOS	X67	6:00 PM	8:50 PM	4361/4289	1	BOS	X6
7:50 PM	10:40 PM	4448/4336	1	BOS	X67	8:00 PM	10:25 PM	4431/4211	1	BOS	X67
To HALIFAX, NOVA SCOTIA						From HALIFAX, NOVA SCOTIA					
7:00 AM	11:20 AM	4382/4335	1	BOS	X7	8:00 AM	10:30 AM	4331/4279	1	BOS	X67
8:20 AM	1:35 PM	4273/4253	1	BOS	X67	12:30 PM	3:30 PM	4338/4370	1	BOS	X67
12:50 PM	5:15 PM	4424/4340	1	BOS	X67	2:15 PM	6:00 PM	4218/4394	1	BOS	X67
2:50 PM	7:35 PM	4405/4232	1	BOS	X67	5:45 PM	8:50 PM	4343/4289	1	BOS	X6
4:40 PM	9:15 PM	4389/4378	1	BOS	X67						
To OTTAWA, ONTARIO CANADA						From OTTAWA, ONTARIO CANADA					
7:20 AM	10:20 AM	4248/4215	1	BOS	X67	7:00 AM	10:00 AM	4201/4367	1	BOS	X7
10:50 AM	2:05 PM	4416/4345	1	BOS	X67	10:50 AM	2:00 PM	4203/4257	1	BOS	X6
12:50 PM	4:30 PM	4424/4243	1	BOS	X67	2:45 PM	6:00 PM	4341/4394	1	BOS	X67
2:50 PM	6:15 PM	4405/4421	1	BOS	X67	5:00 PM	8:50 PM	4300/4289	1	BOS	X6
6:50 PM	10:00 PM	4244/4242	1	BOS	X67	6:45 PM	10:25 PM	4482/4211	1	BOS	X67
To PORTLAND, ME						From PORTLAND, ME					
6:25 AM	8:55 AM	4446/4297	1	BOS	X67	5:50 AM	8:00 AM	4413/4355	1	BOS	X67
7:20 AM	9:55 AM	4248/4440	1	BOS	X67	6:15 AM	8:50 AM	4271/4269	1	BOS	X67
8:20 AM	10:55 AM	4273/4496	1	BOS	X67	7:00 AM	10:00 AM	4385/4367	1	BOS	X7
9:30 AM	11:55 AM	4251/4312	1	BOS	X7	8:15 AM	10:30 AM	4295/4279	1	BOS	X67
10:20 AM	12:55 PM	4235/4339	1	BOS	D	10:15 AM	12:30 PM	4282/4368	1	BOS	D
10:50 AM	12:55 PM	4416/4339	1	BOS	X67	12:15 PM	2:30 PM	4327/4369	1	BOS	X67
12:50 PM	2:55 PM	4424/4299	1	BOS	X67	1:15 PM	3:30 PM	4204/4370	1	BOS	X67
2:20 PM	4:55 PM	4258/4405	1	BOS	D	2:15 PM	4:20 PM	4398	1	BOS	X6
2:50 PM	4:55 PM	4405	1	BOS	X67	3:15 PM	6:00 PM	4325/4394	1	BOS	X67
3:50 PM	5:55 PM	4403/4254	1	BOS	X6	4:15 PM	6:30 PM	4274/4288	1	BOS	X6
4:40 PM	6:55 PM	4389/4263	1	BOS	X67	5:15 PM	7:30 PM	4237/4379	1	BOS	X7
6:50 PM	8:55 PM	4244	1	BOS	X67	6:15 PM	8:50 PM	4245/4289	1	BOS	X6
7:50 PM	9:55 PM	4448/4418	1	BOS	X67	7:15 PM	10:25 PM	4435/4211	1	BOS	X67
To QUEBEC CITY, CANADA						From QUEBEC CITY, CANADA					
8:20 AM	11:55 AM	4273/4219	1	BOS	X67	7:00 AM	10:00 AM	4239/4367	1	BOS	X7
7:50 PM	11:10 PM	4448/4241	1	BOS	X67	12:25 PM	3:30 PM	4395/4370	1	BOS	X67
						4:00 PM	7:30 PM	4255/4379	1	BOS	X67
To ROCHESTER, NY						From ROCHESTER, NY					
7:00 AM	10:10 AM	4382/4438	1	BOS	X67	7:00 AM	10:00 AM	4200/4367	1	BOS	X7
9:30 AM	1:05 PM	4251/4457	1	BOS	X67	10:30 AM	2:00 PM	4366/4257	1	BOS	X6
10:50 AM	2:45 PM	4416/4425	1	BOS	X67	1:00 PM	4:20 PM	4359/4398	1	BOS	X6
12:50 PM	5:10 PM	4424/4365	1	BOS	X67	3:05 PM	6:00 PM	4352/4394	1	BOS	X67
2:50 PM	6:10 PM	4405/4309	1	BOS	X67	5:30 PM	8:50 PM	4374/4289	1	BOS	X6
3:50 PM	7:15 PM	4403/4426	1	BOS	X6						
4:40 PM	8:45 PM	4389/4439	1	BOS	X67						
To SYRACUSE, NY						From SYRACUSE, NY					
7:00 AM	10:20 AM	4382/4384	1	BOS	X67	7:00 AM	10:00 AM	4222/4367	1	BOS	X7
7:20 AM	10:20 AM	4248/4384	1	BOS	X67	9:10 AM	12:30 PM	4272/4368	1	BOS	X6
8:20 AM	11:55 AM	4273/4414	1	BOS	X67	11:05 AM	2:00 PM	4223/4257	1	BOS	X6
10:20 AM	1:15 PM	4235/4275	1	BOS	D	12:30 PM	3:30 PM	4420/4370	1	BOS	X67
12:50 PM	3:40 PM	4424/4386	1	BOS	X67	1:35 PM	4:20 PM	4376/4398	1	BOS	X6
3:50 PM	7:05 PM	4403/4252	1	BOS	X6	4:00 PM	7:30 PM	4298/4379	1	BOS	X67
4:40 PM	8:50 PM	4389/4225	1	BOS	X67	7:25 PM	10:25 PM	4453/4211	1	BOS	X67

Smoking and the use of smokeless tobacco are prohibited on all Business Express Airlines flights.
Schedules are subject to change without notice and are shown based on expected flying times. Because weather and other factors may affect operating conditions, departures and arrivals cannot be guaranteed.
Printed in U.S.A.

Effective
September 16, 1998

BEX[®]
BUSINESS EXPRESS AIRLINES[™]

Flight Schedule

Call your travel agent or
Business Express Airlines at
1-800-345-3400

Albany, NY / Bangor, ME / Boston, MA
Burlington, VT / Halifax, Nova Scotia
Islip, NY / LaGuardia, NY / Manchester, NH
Ottawa, Ontario / Philadelphia, PA / Portland, ME
Providence, RI / Quebec City, Quebec
Rochester, NY / Syracuse, NY
Washington, DC / White Plains, NY

GENERAL INFORMATION

Frequency Code: (All flights daily except as noted):
1-Monday, 2-Tuesday, 3-Wednesday, 4-Thursday, 5-Friday, 6-Saturday, 7-Sunday, X-Except
CERTAIN FLIGHTS WILL NOT OPERATE DURING HOLIDAY PERIODS, CONSULT BUSINESS EXPRESS AIRLINES FOR DETAILS.

ALBANY, NY

To BANGOR, ME						From BANGOR, ME					
6:35 AM	9:00 AM	4260/4276	1	BOS	X67	7:20 AM	9:50 AM	4415/4261	1	BOS	X7
7:30 AM	10:00 AM	4432/4280	1	BOS	X67	10:20 AM	1:35 PM	4397/4283	1	BOS	X7
10:35 AM	1:00 PM	4285/4408	1	BOS	D	2:20 PM	5:15 PM	4383/4236	1	BOS	D
1:55 PM	5:00 PM	4264/4347	1	BOS	D	5:20 PM	8:25 PM	4419/4380	1	BOS	D
5:35 PM	8:00 PM	4231/4344	1	BOS	D	6:20 PM	9:25 PM	4353/4234	1	BOS	D
To BOSTON (LOGAN), MA						From BOSTON (LOGAN), MA					
6:35 AM	7:30 AM	4260	0		X6	8:55 AM	9:50 AM	4261	0		X7
7:30 AM	8:25 AM	4432	0		X6	12:40 PM	1:35 PM	4283	0		X7
10:35 AM	11:30 AM	4285	0		D	4:20 PM	5:15 PM	4236	0		D
1:55 PM	2:50 PM	4264	0		D	7:30 PM	8:25 PM	4380	0		D
5:35 PM	6:30 PM	4231	0		D	8:30 PM	9:25 PM	4234	0		D
To BURLINGTON, VT						From BURLINGTON, VT					
6:35 AM	9:40 AM	4260/4450	1	BOS	X67	7:00 AM	9:50 AM	4333/4261	1	BOS	X67
7:30 AM	10:40 AM	4432/4456	1	BOS	X6	11:00 AM	1:35 PM	4216/4283	1	BOS	X7
10:35 AM	1:40 PM	4285/4270	1	BOS	D	2:00 PM	5:15 PM	4262/4236	1	BOS	X6
1:55 PM	4:40 PM	4264/4205	1	BOS	X6	6:00 PM	8:25 PM	4361/4380	1	BOS	D
5:35 PM	8:40 PM	4231/4406	1	BOS	X6	7:00 PM	9:25 PM	4479/4234	1	BOS	X67
To HALIFAX, NOVA SCOTIA						From HALIFAX, NOVA SCOTIA					
6:35 AM	11:20 AM	4260/4335	1	BOS	X6	2:15 PM	5:15 PM	4218/4236		BOS	D
1:55 PM	7:35 PM	4264/4232	1	BOS	D	5:45 PM	8:25 PM	4343/4380	1	BOS	D
To ISLIP, NY						From ISLIP, NY					
6:35 AM	8:55 AM	4260/4249	1	BOS	X67	7:15 AM	9:50 AM	4372/4261	1	BOS	X67
7:30 AM	9:55 AM	4432/4399	1	BOS	X67	11:15 AM	1:35 PM	4293/4283	1	BOS	X7
10:35 AM	12:55 PM	4285/4391	1	BOS	X67	2:15 PM	5:15 PM	4246/4236	1	BOS	D
1:55 PM	4:55 PM	4264/4337	1	BOS	X6	5:15 PM	8:25 PM	4206/4380	1	BOS	X6
5:35 PM	7:55 PM	4231/4296	1	BOS	X6	6:15 PM	9:25 PM	4362/4234	1	BOS	X6
To OTTAWA, ONTARIO CANADA						From OTTAWA, ONTARIO CANADA					
6:35 AM	10:20 AM	4260/4215	1	BOS	X67	7:00 AM	9:50 AM	4201/4261	1	BOS	X7
10:35 AM	2:05 PM	4285/4345	1	BOS	D	5:00 PM	8:25 PM	4300/4380	1	BOS	D
1:55 PM	6:15 PM	4264/4421	1	BOS	D						
5:35 PM	10:00 PM	4231/4242	1	BOS	X6						
To PHILADELPHIA, PA						From PHILADELPHIA, PA					
6:35 AM	9:40 AM	4260/4468	1	BOS	X67	7:00 AM	9:50 AM	4302/4261	1	BOS	X7
7:30 AM	10:40 AM	4432/4303	1	BOS	X6	10:00 AM	1:35 PM	4488/4283	1	BOS	X67
10:35 AM	1:40 PM	4285/4397	1	BOS	D	2:00 PM	5:15 PM	4447/4236	1	BOS	D
1:55 PM	5:40 PM	4264/4383	1	BOS	D	5:00 PM	8:25 PM	4356/4380	1	BOS	D
5:35 PM	8:40 PM	4231/4301	1	BOS	X6	6:00 PM	9:25 PM	4220/4234	1	BOS	D
To PORTLAND, ME						From PORTLAND, ME					
6:35 AM	8:55 AM	4260/4297	1	BOS	X6	7:00 AM	9:50 AM	4385/4261	1	BOS	X7
7:30 AM	9:55 AM	4432/4440	1	BOS	X67	11:15 AM	1:35 PM	4238/4283	1	BOS	X67
10:35 AM	12:55 PM	4285/4339	1	BOS	D	3:15 PM	5:15 PM	4325/4236	1	BOS	D
1:55 PM	3:55 PM	4264/4230	1	BOS	D	6:15 PM	8:25 PM	4245/4380	1	BOS	D
5:35 PM	7:55 PM	4231/4210	1	BOS	X6	7:15 PM	9:25 PM	4435/4234	1	BOS	X6
To QUEBEC CITY, CANADA						From QUEBEC CITY, CANADA					
7:30 AM	11:55 AM	4432/4219	1	BOS	X6	7:00 AM	9:50 AM	4239/4261	1	BOS	X7
						4:00 PM	8:25 PM	4255/4380	1	BOS	X6
To WASHINGTON (NATIONAL), DC						From WASHINGTON (NATIONAL), DC					
6:35 AM	10:30 AM	4260/4316	1	BOS	X67	4:30 PM	8:25 PM	4314/4380	1	BOS	X6
7:30 AM	11:35 AM	4432/4461	1	BOS	X6	5:45 PM	9:25 PM	4452/4234	1	BOS	D
1:55 PM	5:20 PM	4264/4351	1	BOS	X6						
To WHITE PLAINS, NY						From WHITE PLAINS, NY					
6:35 AM	10:00 AM	4260/4367	1	BOS	X67	7:20 AM	9:50 AM	4248/4261	1	BOS	X67
7:30 AM	10:00 AM	4432/4367	1	BOS	X67	10:50 AM	1:35 PM	4416/4283	1	BOS	X67
10:35 AM	2:00 PM	4285/4257	1	BOS	X6	2:50 PM	5:15 PM	4405/4236	1	BOS	X67
1:55 PM	4:20 PM	4264/4398	1	BOS	X6	4:40 PM	8:25 PM	4389/4380	1	BOS	X67
5:35 PM	8:50 PM	4231/4289	1	BOS	X6	6:50 PM	9:25 PM	4244/4234	1	BOS	X67
To ALBANY, NY						From ALBANY, NY					
7:20 AM	9:50 AM	4415/4261	1	BOS	X7	6:35 AM	9:00 AM	4260/4276	1	BOS	X67
10:20 AM	1:35 PM	4397/4283	1	BOS	X7	7:30 AM	10:00 AM	4432/4280	1	BOS	X67
2:20 PM	5:15 PM	4383/4236	1	BOS	D	10:35 AM	1:00 PM	4285/4408	1	BOS	D
5:20 PM	8:25 PM	4419/4380	1	BOS	D	1:55 PM	5:00 PM	4264/4347	1	BOS	D
6:20 PM	9:25 PM	4353/4234	1	BOS	D	5:35 PM	8:00 PM	4231/4344	1	BOS	D

BANGOR, ME

Dep	Arr	Flts	Stp	Via	Freq	Dep	Arr	Flts	Stp	Via	Freq
To BOSTON (LOGAN), MA						From BOSTON (LOGAN), MA					
5:20 AM	6:30 AM	4409	0		X67	7:55 AM	9:00 AM	4276	0		X67
6:20 AM	7:30 AM	4268	0		X67	8:55 AM	10:00 AM	4280	0		X7
7:20 AM	8:30 AM	4415	0		X7	9:55 AM	11:00 AM	4455	0		D
8:20 AM	9:30 AM	4334	0		D	10:55 AM	12:00 PM	4212	0		X7
9:20 AM	10:30 AM	4278	0		D	11:55 AM	1:00 PM	4408	0		D
10:20 AM	11:30 AM	4397	0		D	12:55 PM	2:00 PM	4342	0		D
11:20 AM	12:30 PM	4377	0		D	1:55 PM	3:00 PM	4247	0		D
12:20 PM	1:30 PM	4277	0		D	2:55 PM	4:00 PM	4328	0		D
1:20 PM	2:30 PM	4209	0		D	3:55 PM	5:00 PM	4347	0		D
2:20 PM	3:30 PM	4383	0		D	4:55 PM	6:00 PM	4266	0		D
3:20 PM	4:30 PM	4411	0		D	5:55 PM	7:00 PM	4412	0		D
4:20 PM	5:30 PM	4329	0		D	6:55 PM	8:00 PM	4344	0		D
5:20 PM	6:30 PM	4419	0		D	7:55 PM	9:00 PM	4220	0		D
6:20 PM	7:30 PM	4353	0		D	8:55 PM	10:00 PM	4228	0		D
7:20 PM	8:30 PM	4467	0		D	9:55 PM	11:00 PM	4375	0		X6
To ISLIP, NY						From ISLIP, NY					
5:20 AM	7:55 AM	4409/4363	1	BOS	X67	6:15 AM	9:00 AM	4284/4276	1	BOS	X67
6:20 AM	8:55 AM	4268/4249	1	BOS	X67	7:15 AM	10:00 AM	4372/4280	1	BOS	X67
7:20 AM	9:55 AM	4415/4399	1	BOS	X67	8:15 AM	11:00 AM	4292/4455	1	BOS	D
8:20 AM	10:55 AM	4334/4434	1	BOS	X6	9:15 AM	12:00 PM	4224/4212	1	BOS	X7
9:20 AM	11:55 AM	4278/4390	1	BOS	D	10:15 AM	1:00 PM	4404/4408	1	BOS	X67
10:20 AM	12:55 PM	4397/4391	1	BOS	X67	11:15 AM	2:00 PM	4293/4342	1	BOS	D
11:20 AM	1:55 PM	4377/4330	1	BOS	D	12:15 PM	3:00 PM	4401/4247	1	BOS	D
12:20 PM	2:55 PM	4277/4473	1	BOS	X6	1:15 PM	4:00 PM	4250/4328	1	BOS	X67
1:20 PM	3:55 PM	4209/4396	1	BOS	X67	2:15 PM	5:00 PM	4246/4347	1	BOS	D
2:20 PM	4:55 PM	4383/4337	1	BOS	X6	3:15 PM	6:00 PM	4287/4266	1	BOS	X6
3:20 PM	5:55 PM	4411/4259	1	BOS	D	4:15 PM	7:00 PM	4214/4412	1	BOS	X67
4:20 PM	6:55 PM	4329/4323	1	BOS	X6	5:15 PM	8:00 PM	4206/4344	1	BOS	X6
5:20 PM	7:55 PM	4419/4296	1	BOS	X6	6:15 PM	9:00 PM	4362/4220	1	BOS	X6
6:20 PM	8:55 PM	4353/4213	1	BOS	D	7:15 PM	10:00 PM	4429/4228	1	BOS	X6
To LAGUARDIA, NY						From LAGUARDIA, NY					
4:10 PM	6:00 PM	4586	0		D	1:50 PM	3:40 PM	4524	0		D
To OTTAWA, ONTARIO CANADA						From OTTAWA, ONTARIO CANADA					
6:20 AM	10:20 AM	4268/4215	1	BOS	X67	7:00 AM	10:00 AM	4201/4280	1	BOS	X7
10:20 AM	2:05 PM	4397/4345	1	BOS	D	10:50 AM	2:00 PM	4203/4342	1	BOS	D
1:20 PM	4:30 PM	4209/4243	1	BOS	D	11:20 AM	3:40 PM	4520/4524	1	LGA	D
2:20 PM	6:15 PM	4383/4421	1	BOS	D	2:45 PM	6:00 PM	4341/4266	1	BOS	D
6:20 PM	10:00 PM	4353/4242	1	BOS	X6	5:00 PM	8:00 PM	4300/4344	1	BOS	D
						6:45 PM	10:00 PM	4482/4228	1	BOS	X6
To PHILADELPHIA, PA						From PHILADELPHIA, PA					
5:20 AM	8:40 AM	4409	1	BOS	X67	7:00 AM	10:00 AM	4302/4280	1	BOS	X7
6:20 AM	9:40 AM	4268/4468	1	BOS	X67	8:00 AM	11:00 AM	4437/4455	1	BOS	D
7:20 AM	10:40 AM	4415/4303	1	BOS	X7	9:00 AM	12:00 PM	4444/4212	1	BOS	X67
8:20 AM	11:40 AM	4334/4433	1	BOS	D	10:00 AM	1:00 PM	4488/4408	1	BOS	X67
9:20 AM	12:40 PM	4278/4308	1	BOS	X6	11:00 AM	2:00 PM	4304/4342	1	BOS	D
10:20 AM	1:40 PM	4397	1	BOS	D	12:00 PM	3:00 PM	4247	1	BOS	D
11:20 AM	2:40 PM	4377/4305	1	BOS	D	1:00 PM	4:00 PM	4310/4328	1	BOS	X6
12:20 PM	3:40 PM	4277	1	BOS	D	2:00 PM	5:00 PM	4447/4347	1	BOS	D
1:20 PM	4:40 PM	4209/4313	1	BOS	D	3:00 PM	6:00 PM	4307/4266	1	BOS	D
2:20 PM	5:40 PM	4383	1	BOS	D	4:00 PM	7:00 PM	4492/4412	1	BOS	D
3:20 PM	6:40 PM	4411/4311	1	BOS	D	5:00 PM	8:00 PM	4356/4344	1	BOS	D
4:20 PM	7:40 PM	4329/4490	1	BOS	D	6:00 PM	9:00 PM	4220	1	BOS	D
5:20 PM	8:40 PM	4419/4301	1	BOS	X6	7:00 PM	10:00 PM	4306/4228	1	BOS	D
6:20 PM	9:40 PM	4353	1	BOS	D	8:00 PM	11:00 PM	4375	1	BOS	X6
7:20 PM	10:50 PM	4467/4470	1	BOS	X67						
To PROVIDENCE, RI						From PROVIDENCE, RI					
4:10 PM	8:00 PM	4586/4516	1	LGA	D	12:20 PM	3:40 PM	4548/4524	1	LGA	D
To ROCHESTER, NY						From ROCHESTER, NY					
6:20 AM	10:10 AM	4268/4438	1	BOS	X67	7:00 AM	10:00 AM	4200/4280	1	BOS	X7
9:20 AM	1:05 PM	4278/4457	1	BOS	X6	10:30 AM	2:00 PM	4366/4342	1	BOS	X6
11:20 AM	2:45 PM	4377/4425	1	BOS	D	11:20 AM	3:40 PM	4531/4524	1	LGA	X6
1:20 PM	5:10 PM	4209/4365	1	BOS	D	1:00 PM	4:00 PM	4359/4328	1	BOS	D
2:20 PM	6:10 PM	4383/4309	1	BOS	X7	2:00 PM	5:00 PM	4458/4347	1	BOS	X6
3:20 PM	7:15 PM	4411/4426	1	BOS	X6	3:05 PM	7:00 PM	4352/4412	1	BOS	D
4:10 PM	7:55 PM	4586/4589	1	LGA	X7	5:30 PM	9:00 PM	4374/4220	1	BOS	D
5:20 PM	8:45 PM	4419/4439	1	BOS	D	7:40 PM	11:00 PM	4436/4375	1	BOS	X67
To SYRACUSE, NY						From SYRACUSE, NY					
5:20 AM	8:50 AM	4409/4423	1	BOS	X67	7:00 AM	10:00 AM	4222/4280	1	BOS	X7
7:20 AM	10:20 AM	4415/4384	1	BOS	X67	9:10 AM	12:00 PM	4272/4212	1	BOS	X67
8:20 AM	11:55 AM	4334/4414	1	BOS	X67	11:05 AM	2:00 PM	4223/4342	1	BOS	X6
9:20 AM	1:15 PM	4278/4275	1	BOS	D	12:30 PM	4:00 PM	4420/4328	1	BOS	X67
12:20 PM	3:40 PM	4277/4386	1	BOS	X6	1:35 PM	5:00 PM	4376/4347	1	BOS	D
3:20 PM	7:05 PM	4411/4252	1	BOS	D	4:00 PM	7:00 PM	4298/4412	1	BOS	X6
5:20 PM	8:50 PM	4419/4225	1	BOS	X6	7:25 PM	11:00 PM	4453/4375	1	BOS	X6

Dep	Arr	Flts	Stp	Via	Freq	Dep	Arr	Flts	Stp	Via	Freq
To WASHINGTON (NATIONAL), DC						From WASHINGTON (NATIONAL), DC					
6:20 AM	10:30 AM	4268/4316	1	BOS	X67	7:00 AM	11:00 AM	4317/4455	1	BOS	X7
7:20 AM	11:35 AM	4415/4461	1	BOS	X7	8:20 AM	12:00 PM	4320/4212	1	BOS	X67
12:20 PM	4:10 PM	4277/4360	1	BOS	D	11:00 AM	3:00 PM	4202/4247	1	BOS	X7
1:20 PM	5:20 PM	4209/4351	1	BOS	X6	11:55 AM	4:00 PM	4315/4328	1	BOS	X6
4:20 PM	8:50 PM	4329/4428	1	BOS	X67	4:30 PM	8:00 PM	4314/4344	1	BOS	X6
7:20 PM	11:00 PM	4467/4487	1	BOS	X6	5:45 PM	10:00 PM	4452/4228	1	BOS	D

To WHITE PLAINS, NY						From WHITE PLAINS, NY					
5:20 AM	8:00 AM	4409/4355	1	BOS	X67	6:25 AM	9:00 AM	4446/4276	1	BOS	X67
6:20 AM	10:00 AM	4268/4367	1	BOS	X67	7:00 AM	10:00 AM	4382/4280	1	BOS	X7
7:20 AM	10:00 AM	4415/4367	1	BOS	X7	7:20 AM	10:00 AM	4248/4280	1	BOS	X67
9:20 AM	12:30 PM	4278/4368	1	BOS	D	8:20 AM	11:00 AM	4273/4455	1	BOS	X67
10:20 AM	2:00 PM	4397/4257	1	BOS	X6	9:30 AM	12:00 PM	4251/4212	1	BOS	X7
11:20 AM	2:00 PM	4377/4257	1	BOS	X6	10:20 AM	1:00 PM	4235/4408	1	BOS	D
11:20 AM	3:30 PM	4377/4370	1	BOS	X67	10:50 AM	2:00 PM	4416/4342	1	BOS	X67
12:20 PM	3:30 PM	4277/4370	1	BOS	X67	12:50 PM	4:00 PM	4424/4328	1	BOS	X67
1:20 PM	4:20 PM	4209/4398	1	BOS	X6	2:20 PM	5:00 PM	4258/4347	1	BOS	D
2:20 PM	6:00 PM	4383/4394	1	BOS	X67	2:50 PM	6:00 PM	4405/4266	1	BOS	X67
3:20 PM	6:00 PM	4411/4394	1	BOS	X67	4:40 PM	8:00 PM	4389/4344	1	BOS	X67
4:20 PM	7:30 PM	4329/4379	1	BOS	X7	6:20 PM	9:00 PM	4427/4220	1	BOS	X6
5:20 PM	8:50 PM	4419/4289	1	BOS	X6	6:50 PM	10:00 PM	4244/4228	1	BOS	X67
7:20 PM	10:25 PM	4467/4211	1	BOS	X67	7:50 PM	11:00 PM	4448/4375	1	BOS	X67

BOSTON (LOGAN), MA

To ALBANY, NY						From ALBANY, NY					
8:55 AM	9:50 AM	4261	0		X7	6:35 AM	7:30 AM	4260	0		X6
12:40 PM	1:35 PM	4283	0		X7	7:30 AM	8:25 AM	4432	0		X6
4:20 PM	5:15 PM	4236	0		D	10:35 AM	11:30 AM	4285	0		D
7:30 PM	8:25 PM	4380	0		D	1:55 PM	2:50 PM	4264	0		D
8:30 PM	9:25 PM	4234	0		D	5:35 PM	6:30 PM	4231	0		D

To BANGOR, ME						From BANGOR, ME					
7:55 AM	9:00 AM	4276	0		X67	5:20 AM	6:30 AM	4409	0		X67
8:55 AM	10:00 AM	4280	0		X7	6:20 AM	7:30 AM	4268	0		X67
9:55 AM	11:00 AM	4455	0		D	7:20 AM	8:30 AM	4415	0		X7
10:55 AM	12:00 PM	4212	0		X7	8:20 AM	9:30 AM	4334	0		D
11:55 AM	1:00 PM	4408	0		D	9:20 AM	10:30 AM	4278	0		D
12:55 PM	2:00 PM	4342	0		D	10:20 AM	11:30 AM	4397	0		D
1:55 PM	3:00 PM	4247	0		D	11:20 AM	12:30 PM	4377	0		D
2:55 PM	4:00 PM	4328	0		D	12:20 PM	1:30 PM	4277	0		D
3:55 PM	5:00 PM	4347	0		D	1:20 PM	2:30 PM	4209	0		D
4:55 PM	6:00 PM	4266	0		D	2:20 PM	3:30 PM	4383	0		D
5:55 PM	7:00 PM	4412	0		D	3:20 PM	4:30 PM	4411	0		D
6:55 PM	8:00 PM	4344	0		D	4:20 PM	5:30 PM	4329	0		D
7:55 PM	9:00 PM	4220	0		D	5:20 PM	6:30 PM	4419	0		D
8:55 PM	10:00 PM	4228	0		D	6:20 PM	7:30 PM	4353	0		D
9:55 PM	11:00 PM	4375	0		X6	7:20 PM	8:30 PM	4467	0		D

To BURLINGTON, VT						From BURLINGTON, VT					
7:35 AM	8:40 AM	4284	0		X7	6:00 AM	7:00 AM	4417	0		X7
8:35 AM	9:40 AM	4450	0		X67	7:00 AM	8:00 AM	4333	0		X67
9:35 AM	10:40 AM	4456	0		D	8:00 AM	9:00 AM	4346	0		X7
10:35 AM	11:40 AM	4294	0		X6	9:00 AM	10:00 AM	4322	0		X7
11:35 AM	12:40 PM	4290	0		X7	10:00 AM	11:00 AM	4227	0		X6
12:35 PM	1:40 PM	4270	0		D	11:00 AM	12:00 PM	4216	0		D
1:35 PM	2:40 PM	4207	0		X6	12:00 PM	1:00 PM	4208	0		X6
2:35 PM	3:40 PM	4267	0		D	1:00 PM	2:00 PM	4291	0		X7
3:35 PM	4:40 PM	4205	0		X6	2:00 PM	3:00 PM	4262	0		X6
4:35 PM	5:40 PM	4221	0		D	3:00 PM	4:00 PM	4410	0		D
5:35 PM	6:40 PM	4326	0		X67	4:00 PM	5:00 PM	4281	0		D
6:35 PM	7:40 PM	4206	0		X6	5:00 PM	6:00 PM	4233	0		D
7:35 PM	8:40 PM	4406	0		X6	6:00 PM	7:00 PM	4361	0		D
8:35 PM	9:40 PM	4429	0		D	7:00 PM	8:00 PM	4479	0		X67
9:35 PM	10:40 PM	4336	0		X6	8:00 PM	9:00 PM	4431	0		X6

To HALIFAX, NOVA SCOTIA						From HALIFAX, NOVA SCOTIA					
8:30 AM	11:20 AM	4335	0		D	8:00 AM	9:00 AM	4331	0		D
10:45 AM	1:35 PM	4253	0		D	12:30 PM	1:30 PM	4338	0		D
2:25 PM	5:15 PM	4340	0		D	2:15 PM	3:15 PM	4218	0		D
4:45 PM	7:35 PM	4232	0		D	5:45 PM	6:45 PM	4343	0		D
6:25 PM	9:15 PM	4378	0		D	8:05 PM	9:05 PM	4357	0		D

To ISLIP, NY						From ISLIP, NY					
6:55 AM	7:55 AM	4363	0		X67	6:15 AM	7:10 AM	4284	0		X67
7:55 AM	8:55 AM	4249	0		X7	7:15 AM	8:10 AM	4372	0		X67
8:55 AM	9:55 AM	4399	0		X67	8:15 AM	9:10 AM	4292	0		D
9:55 AM	10:55 AM	4434	0		X6	9:15 AM	10:10 AM	4224	0		D
10:55 AM	11:55 AM	4390	0		D	10:15 AM	11:10 AM	4404	0		X67
11:55 AM	12:55 PM	4391	0		X67	11:15 AM	12:10 PM	4293	0		D
12:55 PM	1:55 PM	4330	0		D	12:15 PM	1:10 PM	4401	0		D

Dep	Arr	Flts	Stp	Via	Freq	Dep	Arr	Flts	Stp	Via	Freq
1:55 PM	2:55 PM	4473	0		X6	1:15 PM	2:10 PM	4250	0		X67
2:55 PM	3:55 PM	4396	0		X67	2:15 PM	3:10 PM	4246	0		D
3:55 PM	4:55 PM	4337	0		X6	3:15 PM	4:10 PM	4287	0		X6
4:55 PM	5:55 PM	4259	0		D	4:15 PM	5:10 PM	4214	0		X67
5:55 PM	6:55 PM	4323	0		X6	5:15 PM	6:10 PM	4206	0		X6
6:55 PM	7:55 PM	4296	0		X6	6:15 PM	7:10 PM	4362	0		X6
7:55 PM	8:55 PM	4213	0		D	7:15 PM	8:10 PM	4429	0		X6

To OTTAWA, ONTARIO CANADA						From OTTAWA, ONTARIO CANADA					
8:45 AM	10:20 AM	4215	0		X7	7:00 AM	8:30 AM	4201	0		X7
12:30 PM	2:05 PM	4345	0		D	10:50 AM	12:20 PM	4203	0		D
2:55 PM	4:30 PM	4243	0		D	2:45 PM	4:15 PM	4341	0		D
4:40 PM	6:15 PM	4421	0		D	5:00 PM	6:30 PM	4300	0		D
8:25 PM	10:00 PM	4242	0		X6	6:45 PM	8:15 PM	4482	0		X6

To PHILADELPHIA, PA						From PHILADELPHIA, PA					
7:00 AM	8:40 AM	4409	0		X67	7:00 AM	8:30 AM	4302	0		X7
8:00 AM	9:40 AM	4468	0		X67	8:00 AM	9:30 AM	4437	0		D
9:00 AM	10:40 AM	4303	0		D	9:00 AM	10:30 AM	4444	0		X6
10:00 AM	11:40 AM	4433	0		D	10:00 AM	11:30 AM	4488	0		X67
11:00 AM	12:40 PM	4308	0		X6	11:00 AM	12:30 PM	4304	0		D
12:00 PM	1:40 PM	4397	0		D	12:00 PM	1:30 PM	4247	0		D
1:00 PM	2:40 PM	4305	0		D	1:00 PM	2:30 PM	4310	0		X6
2:00 PM	3:40 PM	4277	0		D	2:00 PM	3:30 PM	4447	0		D
3:00 PM	4:40 PM	4313	0		D	3:00 PM	4:30 PM	4307	0		D
4:00 PM	5:40 PM	4383	0		D	4:00 PM	5:30 PM	4492	0		D
5:00 PM	6:40 PM	4311	0		D	5:00 PM	6:30 PM	4356	0		D
6:00 PM	7:40 PM	4490	0		D	6:00 PM	7:30 PM	4220	0		D
7:00 PM	8:40 PM	4301	0		X6	7:00 PM	8:30 PM	4306	0		D
8:00 PM	9:40 PM	4353	0		D	8:00 PM	9:30 PM	4375	0		X6
9:10 PM	10:50 PM	4470	0		X67	9:00 PM	10:30 PM	4373	0		X67

To PORTLAND, ME						From PORTLAND, ME					
8:15 AM	8:55 AM	4297	0	D		5:50 AM	6:30 AM	4413	0	X7	
9:15 AM	9:55 AM	4440	0	X7		6:15 AM	6:55 AM	4271	0	X67	
10:15 AM	10:55 AM	4496	0	X6		7:00 AM	7:40 AM	4385	0	X7	
11:15 AM	11:55 AM	4312	0	D		8:15 AM	8:55 AM	4295	0	D	
12:15 PM	12:55 PM	4339	0	D		9:15 AM	9:55 AM	4387	0	D	
1:15 PM	1:55 PM	4202	0	D		10:15 AM	10:55 AM	4282	0	D	
2:15 PM	2:55 PM	4299	0	D		11:15 AM	11:55 AM	4238	0	X6	
3:15 PM	3:55 PM	4230	0	D		12:15 PM	12:55 PM	4327	0	D	
4:15 PM	4:55 PM	4405	0	D		1:15 PM	1:55 PM	4204	0	D	
5:15 PM	5:55 PM	4254	0	X6		2:15 PM	2:55 PM	4398	0	X6	
6:15 PM	6:55 PM	4263	0	X6		3:15 PM	3:55 PM	4325	0	D	
7:15 PM	7:55 PM	4210	0	X6		4:15 PM	4:55 PM	4274	0	D	
8:15 PM	8:55 PM	4244	0	D		5:15 PM	5:55 PM	4237	0	D	
9:15 PM	9:55 PM	4418	0	X6		6:15 PM	6:55 PM	4245	0	D	
10:25 PM	11:05 PM	4381	0	X6		7:15 PM	7:55 PM	4435	0	X6	

Dep	Arr	Flts	Stp	Via	Freq	Dep	Arr	Flts	Stp	Via	Freq
To WHITE PLAINS, NY						From WHITE PLAINS, NY					
6:00 AM	7:00 AM	4350	0		X67	6:25 AM	7:25 AM	4446	0		X67
7:00 AM	8:00 AM	4355	0		X67	7:00 AM	8:00 AM	4382	0		X7
7:50 AM	8:50 AM	4269	0		X67	7:20 AM	8:20 AM	4248	0		X67
9:00 AM	10:00 AM	4367	0		X7	8:20 AM	9:20 AM	4273	0		X67
9:30 AM	10:30 AM	4279	0		X67	9:30 AM	10:30 AM	4251	0		X7
11:30 AM	12:30 PM	4368	0		D	10:20 AM	11:20 AM	4235	0		D
1:00 PM	2:00 PM	4257	0		X6	10:50 AM	11:50 AM	4416	0		X67
1:30 PM	2:30 PM	4369	0		X67	12:50 PM	1:50 PM	4424	0		X67
2:30 PM	3:30 PM	4370	0		X67	2:20 PM	3:20 PM	4258	0		D
3:20 PM	4:20 PM	4398	0		X6	2:50 PM	3:50 PM	4405	0		X67
5:00 PM	6:00 PM	4394	0		X67	3:50 PM	4:50 PM	4403	0		X6
5:30 PM	6:30 PM	4288	0		X6	4:40 PM	5:40 PM	4389	0		X67
6:30 PM	7:30 PM	4379	0		X7	6:20 PM	7:20 PM	4427	0		X6
7:50 PM	8:50 PM	4289	0		X6	6:50 PM	7:50 PM	4244	0		X67
9:25 PM	10:25 PM	4211	0		X67	7:50 PM	8:50 PM	4448	0		X67

BURLINGTON, VT

To ALBANY, NY						From ALBANY, NY					
7:00 AM	9:50 AM	4333/4261	1	BOS	X67	6:35 AM	9:40 AM	4260/4450	1	BOS	X67
11:00 AM	1:35 PM	4216/4283	1	BOS	X7	7:30 AM	10:40 AM	4432/4456	1	BOS	X6
2:00 PM	5:15 PM	4262/4236	1	BOS	X6	10:35 AM	1:40 PM	4285/4270	1	BOS	D
6:00 PM	8:25 PM	4361/4380	1	BOS	D	1:55 PM	4:40 PM	4264/4205	1	BOS	X6
7:00 PM	9:25 PM	4479/4234	1	BOS	X67	5:35 PM	8:40 PM	4231/4406	1	BOS	X6

To BOSTON (LOGAN), MA						From BOSTON (LOGAN), MA					
6:00 AM	7:00 AM	4417	0		X7	7:35 AM	8:40 AM	4284	0		X7
7:00 AM	8:00 AM	4333	0		X67	8:35 AM	9:40 AM	4450	0		X67
8:00 AM	9:00 AM	4346	0		X7	9:35 AM	10:40 AM	4456	0		D
9:00 AM	10:00 AM	4322	0		X7	10:35 AM	11:40 AM	4294	0		X6
10:00 AM	11:00 AM	4227	0		X6	11:35 AM	12:40 PM	4290	0		X7
11:00 AM	12:00 PM	4216	0		D	12:35 PM	1:40 PM	4270	0		D
12:00 PM	1:00 PM	4208	0		X6	1:35 PM	2:40 PM	4207	0		X6
1:00 PM	2:00 PM	4291	0		X7	2:35 PM	3:40 PM	4267	0		D
2:00 PM	3:00 PM	4262	0		X6	3:35 PM	4:40 PM	4205	0		X6
3:00 PM	4:00 PM	4410	0		D	4:35 PM	5:40 PM	4221	0		D
4:00 PM	5:00 PM	4281	0		D	5:35 PM	6:40 PM	4326	0		X67
5:00 PM	6:00 PM	4233	0		D	6:35 PM	7:40 PM	4206	0		X6
6:00 PM	7:00 PM	4361	0		D	7:35 PM	8:40 PM	4406	0		X6
7:00 PM	8:00 PM	4479	0		X67	8:35 PM	9:40 PM	4429	0		D
8:00 PM	9:00 PM	4431	0		X6	9:35 PM	10:40 PM	4336	0		X6

To HALIFAX, NOVA SCOTIA						From HALIFAX, NOVA SCOTIA					
7:00 AM	11:20 AM	4333/4335	1	BOS	X67	8:00 AM	10:40 AM	4331/4456	1	BOS	D
9:00 AM	1:35 PM	4322/4253	1	BOS	X7	12:30 PM	3:40 PM	4338/4267	1	BOS	D
1:00 PM	5:15 PM	4291/4340	1	BOS	X7	2:15 PM	5:40 PM	4218/4221	1	BOS	D
3:00 PM	7:35 PM	4410/4232	1	BOS	D	5:45 PM	8:40 PM	4343/4406	1	BOS	X6
5:00 PM	9:15 PM	4233/4378	1	BOS	D	8:05 PM	10:40 PM	4357/4336	1	BOS	X6

To ISLIP, NY						From ISLIP, NY					
6:00 AM	8:55 AM	4417/4249	1	BOS	X7	6:15 AM	8:40 AM	4284	1	BOS	X67
7:00 AM	9:55 AM	4333/4399	1	BOS	X67	7:15 AM	9:40 AM	4372/4450	1	BOS	X67
8:00 AM	10:55 AM	4346/4434	1	BOS	X67	8:15 AM	10:40 AM	4292/4456	1	BOS	D
9:00 AM	12:55 PM	4322/4391	1	BOS	X67	9:15 AM	11:40 AM	4224/4294	1	BOS	X6
10:00 AM	12:55 PM	4227/4391	1	BOS	X67	10:15 AM	12:40 PM	4404/4290	1	BOS	X67
11:00 AM	1:55 PM	4216/4330	1	BOS	D	11:15 AM	1:40 PM	4293/4270	1	BOS	D
12:00 PM	2:55 PM	4208/4473	1	BOS	X6	12:15 PM	2:40 PM	4401/4207	1	BOS	X6
1:00 PM	3:55 PM	4291/4396	1	BOS	X67	1:15 PM	3:40 PM	4250/4267	1	BOS	X67
2:00 PM	4:55 PM	4262/4337	1	BOS	X6	2:15 PM	4:40 PM	4246/4205	1	BOS	X6
3:00 PM	5:55 PM	4410/4259	1	BOS	D	3:15 PM	5:40 PM	4287/4221	1	BOS	X6
4:00 PM	6:55 PM	4281/4323	1	BOS	X6	4:15 PM	6:40 PM	4214/4326	1	BOS	X67
5:00 PM	7:55 PM	4233/4296	1	BOS	X6	5:15 PM	7:40 PM	4206	1	BOS	X6
6:00 PM	8:55 PM	4361/4213	1	BOS	D	6:15 PM	8:40 PM	4362/4406	1	BOS	X6
						7:15 PM	9:40 PM	4429	1	BOS	X6

To PHILADELPHIA, PA						From PHILADELPHIA, PA					
6:00 AM	9:40 AM	4417/4468	1	BOS	X67	7:00 AM	10:40 AM	4302/4456	1	BOS	X7
7:00 AM	10:40 AM	4333/4303	1	BOS	X67	8:00 AM	11:40 AM	4437/4294	1	BOS	X6
8:00 AM	11:40 AM	4346/4433	1	BOS	X7	9:00 AM	12:40 PM	4444/4290	1	BOS	X67
9:00 AM	12:40 PM	4322/4308	1	BOS	X67	10:00 AM	1:40 PM	4488/4270	1	BOS	X67
10:00 AM	1:40 PM	4227/4397	1	BOS	X6	11:00 AM	2:40 PM	4304/4207	1	BOS	X6
11:00 AM	2:40 PM	4216/4305	1	BOS	D	12:00 PM	3:40 PM	4247/4267	1	BOS	D
12:00 PM	3:40 PM	4208/4277	1	BOS	X6	1:00 PM	4:40 PM	4310/4205	1	BOS	X6
1:00 PM	4:40 PM	4291/4313	1	BOS	X7	2:00 PM	5:40 PM	4447/4221	1	BOS	D
2:00 PM	5:40 PM	4262/4383	1	BOS	X6	3:00 PM	6:40 PM	4307/4326	1	BOS	X67
3:00 PM	6:40 PM	4410/4311	1	BOS	D	4:00 PM	7:40 PM	4492/4206	1	BOS	X6
4:00 PM	7:40 PM	4281/4490	1	BOS	D	5:00 PM	8:40 PM	4356/4406	1	BOS	X6
5:00 PM	8:40 PM	4233/4301	1	BOS	X6	6:00 PM	9:40 PM	4220/4429	1	BOS	D
6:00 PM	9:40 PM	4361/4353	1	BOS	D	7:00 PM	10:40 PM	4306/4336	1	BOS	X6
7:00 PM	10:50 PM	4479/4470	1	BOS	X67						

Dep	Arr	Flts	Stp	Via	Freq	Dep	Arr	Flts	Stp	Via	Freq
To ROCHESTER, NY						From ROCHESTER, NY					
7:00 AM	10:10 AM	4333/4438	1	BOS	X67	7:00 AM	10:40 AM	4200/4456	1	BOS	X7
9:00 AM	1:05 PM	4322/4457	1	BOS	X67	10:30 AM	1:40 PM	4366/4270	1	BOS	X6
11:00 AM	2:45 PM	4216/4425	1	BOS	D	1:00 PM	4:40 PM	4359/4205	1	BOS	X6
2:00 PM	5:10 PM	4262/4365	1	BOS	X6	2:00 PM	5:40 PM	4458/4221	1	BOS	X6
3:00 PM	6:10 PM	4410/4309	1	BOS	X7	3:05 PM	6:40 PM	4352/4326	1	BOS	X67
4:00 PM	7:15 PM	4281/4426	1	BOS	X6	5:30 PM	8:40 PM	4374/4406	1	BOS	X6
5:00 PM	8:45 PM	4233/4439	1	BOS	D	7:40 PM	10:40 PM	4436/4336	1	BOS	X67

To SYRACUSE, NY						From SYRACUSE, NY					
6:00 AM	8:50 AM	4417/4423	1	BOS	X67	7:00 AM	10:40 AM	4222/4456	1	BOS	X7
7:00 AM	10:20 AM	4333/4384	1	BOS	X67	9:10 AM	12:40 PM	4272/4290	1	BOS	X67
9:00 AM	11:55 AM	4322/4414	1	BOS	X67	11:05 AM	2:40 PM	4223/4207	1	BOS	X6
10:00 AM	1:15 PM	4227/4275	1	BOS	X6	12:30 PM	3:40 PM	4420/4267	1	BOS	X67
12:00 PM	3:40 PM	4208/4386	1	BOS	X6	1:35 PM	4:40 PM	4376/4205	1	BOS	X6
4:00 PM	7:05 PM	4281/4252	1	BOS	D	4:00 PM	7:40 PM	4298/4206	1	BOS	X6
6:00 PM	8:50 PM	4361/4225	1	BOS	X6	7:25 PM	10:40 PM	4453/4336	1	BOS	X6

To WASHINGTON (NATIONAL), DC						From WASHINGTON (NATIONAL), DC					
7:00 AM	10:30 AM	4333/4316	1	BOS	X67	7:00 AM	10:40 AM	4317/4456	1	BOS	X7
8:00 AM	11:35 AM	4346/4461	1	BOS	X7	8:20 AM	11:40 AM	4320/4294	1	BOS	X6
12:00 PM	4:10 PM	4208/4360	1	BOS	X6	11:00 AM	2:40 PM	4202/4207	1	BOS	X67
1:00 PM	5:20 PM	4291/4351	1	BOS	X67	11:55 AM	3:40 PM	4315/4267	1	BOS	X6
5:00 PM	8:50 PM	4233/4428	1	BOS	X67	4:30 PM	8:40 PM	4314/4406	1	BOS	X6
7:00 PM	11:00 PM	4479/4487	1	BOS	X67	5:45 PM	9:40 PM	4452/4429	1	BOS	D

To WHITE PLAINS, NY						From WHITE PLAINS, NY					
6:00 AM	8:50 AM	4417/4269	1	BOS	X67	7:00 AM	9:40 AM	4382/4450	1	BOS	X67
7:00 AM	10:00 AM	4333/4367	1	BOS	X67	7:20 AM	10:40 AM	4248/4456	1	BOS	X67
8:00 AM	10:30 AM	4346/4279	1	BOS	X67	8:20 AM	11:40 AM	4273/4294	1	BOS	X67
10:00 AM	12:30 PM	4227/4368	1	BOS	X6	9:30 AM	12:40 PM	4251/4290	1	BOS	X7
11:00 AM	2:00 PM	4216/4257	1	BOS	X6	10:50 AM	1:40 PM	4416/4270	1	BOS	X67
12:00 PM	2:30 PM	4208/4369	1	BOS	X67	12:50 PM	3:40 PM	4424/4267	1	BOS	X67
1:00 PM	3:30 PM	4291/4370	1	BOS	X67	2:50 PM	5:40 PM	4405/4221	1	BOS	X67
2:00 PM	6:00 PM	4262/4394	1	BOS	X67	3:50 PM	6:40 PM	4403/4326	1	BOS	X67
4:00 PM	6:30 PM	4281/4288	1	BOS	X6	4:40 PM	7:40 PM	4389/4206	1	BOS	X67
5:00 PM	7:30 PM	4233/4379	1	BOS	X7	6:50 PM	9:40 PM	4244/4429	1	BOS	X67
6:00 PM	8:50 PM	4361/4289	1	BOS	X6	7:50 PM	10:40 PM	4448/4336	1	BOS	X67
8:00 PM	10:25 PM	4431/4211	1	BOS	X67						

Dep	Arr	Flts	Stp	Via	Freq	Dep	Arr	Flts	Stp	Via	Freq
To ROCHESTER, NY						From ROCHESTER, NY					
7:00 AM	10:10 AM	4332/4438	1	BOS	D3	2:00 PM	7:35 PM	4458/4232	1	BOS	X6
12:30 PM	5:10 PM	4338/4365	1	BOS	D	3:05 PM	9:15 PM	4352/4378	1	BOS	D
2:15 PM	6:10 PM	4218/4309	1	BOS	X7						
To SYRACUSE, NY						From SYRACUSE, NY					
7:00 AM	10:20 AM	4332/4384	1	BOS	D3	12:30 PM	5:15 PM	4420/4340	1	BOS	X67
8:00 AM	11:55 AM	4331/4414	1	BOS	X67	1:35 PM	7:35 PM	4376/4232	1	BOS	D
12:30 PM	3:40 PM	4338/4386	1	BOS	X6	4:00 PM	9:15 PM	4298/4378	1	BOS	X6
5:45 PM	8:50 PM	4343/4225	1	BOS	X6						
To WASHINGTON (NATIONAL), DC						From WASHINGTON (NATIONAL), DC					
7:00 AM	10:30 AM	4332/4316	1	BOS	D3	8:20 AM	1:35 PM	4320/4253	1	BOS	X6
8:00 AM	11:35 AM	4331/4461	1	BOS	D	11:55 AM	5:15 PM	4315/4340	1	BOS	X6
12:30 PM	4:10 PM	4338/4360	1	BOS	D						
To WHITE PLAINS, NY						From WHITE PLAINS, NY					
7:00 AM	10:00 AM	4332/4367	1	BOS	D3	7:00 AM	11:20 AM	4382/4335	1	BOS	X7
8:00 AM	10:30 AM	4331/4279	1	BOS	X67	8:20 AM	1:35 PM	4273/4253	1	BOS	X67
12:30 PM	3:30 PM	4338/4370	1	BOS	X67	12:50 PM	5:15 PM	4424/4340	1	BOS	X67
2:15 PM	6:00 PM	4218/4394	1	BOS	X67	2:50 PM	7:35 PM	4405/4232	1	BOS	X67
5:45 PM	8:50 PM	4343/4289	1	BOS	X6	4:40 PM	9:15 PM	4389/4378	1	BOS	X67

ISLIP, NY

To ALBANY, NY						From ALBANY, NY					
7:15 AM	9:50 AM	4372/4261	1	BOS	X67	6:35 AM	8:55 AM	4260/4249	1	BOS	X67
11:15 AM	1:35 PM	4293/4283	1	BOS	X7	7:30 AM	9:55 AM	4432/4399	1	BOS	X67
2:15 PM	5:15 PM	4246/4236	1	BOS	D	10:35 AM	12:55 PM	4285/4391	1	BOS	X67
5:15 PM	8:25 PM	4206/4380	1	BOS	X6	1:55 PM	4:55 PM	4264/4337	1	BOS	X6
6:15 PM	9:25 PM	4362/4234	1	BOS	X6	5:35 PM	7:55 PM	4231/4296	1	BOS	X6
To BANGOR, ME						From BANGOR, ME					
6:15 AM	9:00 AM	4284/4276	1	BOS	X67	5:20 AM	7:55 AM	4409/4363	1	BOS	X67
7:15 AM	10:00 AM	4372/4280	1	BOS	X67	6:20 AM	8:55 AM	4268/4249	1	BOS	X67
8:15 AM	11:00 AM	4292/4455	1	BOS	D	7:20 AM	9:55 AM	4415/4399	1	BOS	X67
9:15 AM	12:00 PM	4224/4212	1	BOS	X7	8:20 AM	10:55 AM	4334/4434	1	BOS	X6
10:15 AM	1:00 PM	4404/4408	1	BOS	X67	9:20 AM	11:55 AM	4278/4390	1	BOS	D
11:15 AM	2:00 PM	4293/4342	1	BOS	D	10:20 AM	12:55 PM	4397/4391	1	BOS	X67
12:15 PM	3:00 PM	4401/4247	1	BOS	D	11:20 AM	1:55 PM	4377/4330	1	BOS	D
1:15 PM	4:00 PM	4250/4328	1	BOS	X67	12:20 PM	2:55 PM	4277/4473	1	BOS	X6
2:15 PM	5:00 PM	4246/4347	1	BOS	D	1:20 PM	3:55 PM	4209/4396	1	BOS	X67
3:15 PM	6:00 PM	4287/4266	1	BOS	X6	2:20 PM	4:55 PM	4383/4337	1	BOS	X6
4:15 PM	7:00 PM	4214/4412	1	BOS	X67	3:20 PM	5:55 PM	4411/4259	1	BOS	D
5:15 PM	8:00 PM	4206/4344	1	BOS	X6	4:20 PM	6:55 PM	4329/4323	1	BOS	X6
6:15 PM	9:00 PM	4362/4220	1	BOS	X6	5:20 PM	7:55 PM	4419/4296	1	BOS	X6
7:15 PM	10:00 PM	4429/4228	1	BOS	X6	6:20 PM	8:55 PM	4353/4213	1	BOS	D
To BOSTON (LOGAN), MA						From BOSTON (LOGAN), MA					
6:15 AM	7:10 AM	4284	0		X67	6:55 AM	7:55 AM	4363	0		X67
7:15 AM	8:10 AM	4372	0		X67	7:55 AM	8:55 AM	4249	0		X7
8:15 AM	9:10 AM	4292	0		D	8:55 AM	9:55 AM	4399	0		X67
9:15 AM	10:10 AM	4224	0		D	9:55 AM	10:55 AM	4434	0		X6
10:15 AM	11:10 AM	4404	0		X67	10:55 AM	11:55 AM	4390	0		D
11:15 AM	12:10 PM	4293	0		D	11:55 AM	12:55 PM	4391	0		X67
12:15 PM	1:10 PM	4401	0		D	12:55 PM	1:55 PM	4330	0		D
1:15 PM	2:10 PM	4250	0		X67	1:55 PM	2:55 PM	4473	0		X6
2:15 PM	3:10 PM	4246	0		D	2:55 PM	3:55 PM	4396	0		X67
3:15 PM	4:10 PM	4287	0		X6	3:55 PM	4:55 PM	4337	0		X6
4:15 PM	5:10 PM	4214	0		X67	4:55 PM	5:55 PM	4259	0		D
5:15 PM	6:10 PM	4206	0		X6	5:55 PM	6:55 PM	4323	0		X6
6:15 PM	7:10 PM	4362	0		X6	6:55 PM	7:55 PM	4296	0		X6
7:15 PM	8:10 PM	4429	0		X6	7:55 PM	8:55 PM	4213	0		D
To BURLINGTON, VT						From BURLINGTON, VT					
6:15 AM	8:40 AM	4284	1	BOS	X67	6:00 AM	8:55 AM	4417/4249	1	BOS	X7
7:15 AM	9:40 AM	4372/4450	1	BOS	X67	7:00 AM	9:55 AM	4333/4399	1	BOS	X67
8:15 AM	10:40 AM	4292/4456	1	BOS	D	8:00 AM	10:55 AM	4346/4434	1	BOS	X67
9:15 AM	11:40 AM	4224/4294	1	BOS	X6	9:00 AM	11:55 AM	4322/4390	1	BOS	X7
10:15 AM	12:40 PM	4404/4290	1	BOS	X67	10:00 AM	12:55 PM	4227/4391	1	BOS	X67
11:15 AM	1:40 PM	4293/4270	1	BOS	D	11:00 AM	1:55 PM	4216/4330	1	BOS	D
12:15 PM	2:40 PM	4401/4207	1	BOS	X6	12:00 PM	2:55 PM	4208/4473	1	BOS	X6
1:15 PM	3:40 PM	4250/4267	1	BOS	X67	1:00 PM	3:55 PM	4291/4396	1	BOS	X67
2:15 PM	4:40 PM	4246/4205	1	BOS	X6	2:00 PM	4:55 PM	4262/4337	1	BOS	X6
3:15 PM	5:40 PM	4287/4221	1	BOS	X6	3:00 PM	5:55 PM	4410/4259	1	BOS	D
4:15 PM	6:40 PM	4214/4326	1	BOS	X67	4:00 PM	6:55 PM	4281/4323	1	BOS	X6
5:15 PM	7:40 PM	4206	1	BOS	X6	5:00 PM	7:55 PM	4233/4296	1	BOS	X6
6:15 PM	8:40 PM	4362/4406	1	BOS	X6	6:00 PM	8:55 PM	4361/4213	1	BOS	D
7:15 PM	9:40 PM	4429	1	BOS	X6						
To HALIFAX, NOVA SCOTIA						From HALIFAX, NOVA SCOTIA					
6:15 AM	11:20 AM	4284/4335	1	BOS	X67	8:00 AM	10:55 AM	4331/4434	1	BOS	X6
9:15 AM	1:35 PM	4224/4253	1	BOS	D	12:30 PM	2:55 PM	4338/4473	1	BOS	X6
12:15 PM	5:15 PM	4401/4340	1	BOS	D	2:15 PM	4:55 PM	4218/4337	1	BOS	X6

Dep	Arr	Flts	Stp	Via	Freq	Dep	Arr	Flts	Stp	Via	Freq
3:15 PM	7:35 PM	4287/4232	1	BOS	X6	5:45 PM	8:55 PM	4343/4213	1	BOS	D
4:15 PM	9:15 PM	4214/4378	1	BOS	X67						
To OTTAWA, ONTARIO CANADA						From OTTAWA, ONTARIO CANADA					
7:15 AM	10:20 AM	4372/4215	1	BOS	X67	7:00 AM	9:55 AM	4201/4399	1	BOS	X67
10:15 AM	2:05 PM	4404/4345	1	BOS	X67	10:50 AM	1:55 PM	4203/4330	1	BOS	D
1:15 PM	4:30 PM	4250/4243	1	BOS	X67	2:45 PM	5:55 PM	4341/4259	1	BOS	D
3:15 PM	6:15 PM	4287/4421	1	BOS	X6	5:00 PM	7:55 PM	4300/4296	1	BOS	X6
6:15 PM	10:00 PM	4362/4242	1	BOS	X6						
To PORTLAND, ME						From PORTLAND, ME					
6:15 AM	8:55 AM	4284/4297	1	BOS	X67	5:50 AM	7:55 AM	4413/4363	1	BOS	X67
7:15 AM	9:55 AM	4372/4440	1	BOS	X67	7:00 AM	9:55 AM	4385/4399	1	BOS	X67
8:15 AM	10:55 AM	4292/4496	1	BOS	X6	8:15 AM	10:55 AM	4295/4434	1	BOS	X6
9:15 AM	11:55 AM	4224/4312	1	BOS	D	9:15 AM	11:55 AM	4387/4390	1	BOS	D
10:15 AM	12:55 PM	4404/4339	1	BOS	X67	10:15 AM	12:55 PM	4282/4391	1	BOS	X67
11:15 AM	1:55 PM	4293/4202	1	BOS	D	11:15 AM	1:55 PM	4238/4330	1	BOS	X6
12:15 PM	2:55 PM	4401/4299	1	BOS	D	12:15 PM	2:55 PM	4327/4473	1	BOS	X6
1:15 PM	3:55 PM	4250/4230	1	BOS	X67	1:15 PM	3:55 PM	4204/4396	1	BOS	X67
2:15 PM	4:55 PM	4246/4405	1	BOS	D	2:15 PM	4:55 PM	4398/4337	1	BOS	X6
3:15 PM	5:55 PM	4287/4254	1	BOS	X6	3:15 PM	5:55 PM	4325/4259	1	BOS	D
4:15 PM	6:55 PM	4214/4263	1	BOS	X67	4:15 PM	6:55 PM	4274/4323	1	BOS	X6
5:15 PM	7:55 PM	4206/4210	1	BOS	X6	5:15 PM	7:55 PM	4237/4296	1	BOS	X6
6:15 PM	8:55 PM	4362/4244	1	BOS	X6	6:15 PM	8:55 PM	4245/4213	1	BOS	D
7:15 PM	9:55 PM	4429/4418	1	BOS	X6						
To QUEBEC CITY, CANADA						From QUEBEC CITY, CANADA					
8:15 AM	11:55 AM	4292/4219	1	BOS	D	7:00 AM	9:55 AM	4239/4399	1	BOS	X67
12:15 PM	3:30 PM	4401/4400	1	BOS	D	12:25 PM	3:55 PM	4395/4396	1	BOS	X67
7:15 PM	11:10 PM	4429/4241	1	BOS	X6	4:00 PM	6:55 PM	4255/4323	1	BOS	X6
To ROCHESTER, NY						From ROCHESTER, NY					
6:15 AM	10:10 AM	4284/4438	1	BOS	X67	7:00 AM	9:55 AM	4200/4399	1	BOS	X67
9:15 AM	1:05 PM	4224/4457	1	BOS	X6	10:30 AM	1:55 PM	4366/4330	1	BOS	X6
11:15 AM	2:45 PM	4293/4425	1	BOS	D	1:00 PM	3:55 PM	4359/4396	1	BOS	X67
1:15 PM	5:10 PM	4250/4365	1	BOS	X67	2:00 PM	4:55 PM	4458/4337	1	BOS	X6
2:15 PM	6:10 PM	4246/4309	1	BOS	X7	3:05 PM	6:55 PM	4352/4323	1	BOS	X6
3:15 PM	7:15 PM	4287/4426	1	BOS	X6	5:30 PM	8:55 PM	4374/4213	1	BOS	D
5:15 PM	8:45 PM	4206/4439	1	BOS	X6						
To SYRACUSE, NY						From SYRACUSE, NY					
7:15 AM	10:20 AM	4372/4384	1	BOS	X67	7:00 AM	9:55 AM	4222/4399	1	BOS	X67
8:15 AM	11:55 AM	4292/4414	1	BOS	X67	9:10 AM	11:55 AM	4272/4390	1	BOS	X6
10:15 AM	1:15 PM	4404/4275	1	BOS	X67	11:05 AM	1:55 PM	4223/4330	1	BOS	X6
12:15 PM	3:40 PM	4401/4386	1	BOS	X6	12:30 PM	3:55 PM	4420/4396	1	BOS	X67
4:15 PM	7:05 PM	4214/4252	1	BOS	X67	1:35 PM	4:55 PM	4376/4337	1	BOS	X6
5:15 PM	8:50 PM	4206/4225	1	BOS	X6	4:00 PM	6:55 PM	4298/4323	1	BOS	X6
LAGUARDIA, NY											
To BANGOR, ME						From BANGOR, ME					
1:50 PM	3:40 PM	4524	0		D	4:10 PM	6:00 PM	4586	0		D
To MANCHESTER, NH						From MANCHESTER, NH					
8:55 AM	10:05 AM	4537	0		X7	6:25 AM	7:35 AM	4544	0		X7
9:55 AM	11:05 AM	4525	0		X7	7:20 AM	8:30 AM	4538	0		X7
11:55 AM	1:05 PM	4535	0		D	9:25 AM	10:35 AM	4546	0		D
1:55 PM	3:05 PM	4547	0		D	10:25 AM	11:35 AM	4534	0		X7
4:50 PM	6:00 PM	4549	0		D	11:25 AM	12:35 PM	4572	0		D
5:55 PM	7:05 PM	4553	0		D	1:25 PM	2:35 PM	4532	0		D
6:55 PM	8:05 PM	4527	0		D	3:25 PM	4:35 PM	4552	0		D
7:55 PM	9:05 PM	4539	0		X6	6:20 PM	7:30 PM	4542	0		D
9:00 PM	10:10 PM	4530	0		X6	7:25 PM	8:35 PM	4599	0		X6
To OTTAWA, ONTARIO CANADA						From OTTAWA, ONTARIO CANADA					
9:00 AM	10:50 AM	4500	0		X7	6:50 AM	8:30 AM	4519	0		X7
5:00 PM	6:50 PM	4502	0		D	11:20 AM	1:00 PM	4520	0		D
8:40 PM	10:30 PM	4514	0		X6	7:20 PM	9:00 PM	4522	0		X6
To PORTLAND, ME						From PORTLAND, ME					
6:40 AM	8:05 AM	4592	0		X67	6:05 AM	7:30 AM	4595	0		X67
7:45 AM	9:10 AM	4556	0		D	8:30 AM	9:55 AM	4588	0		D
10:20 AM	11:45 AM	4568	0		X6	9:35 AM	11:00 AM	4557	0		D
11:40 AM	1:05 PM	4562	0		D	12:05 PM	1:30 PM	4569	0		X6
1:10 PM	2:35 PM	4558	0		D	1:35 PM	3:00 PM	4554	0		D
2:35 PM	4:00 PM	4596	0		D	2:55 PM	4:20 PM	4591	0		D
5:30 PM	6:55 PM	4561	0		D	4:20 PM	5:45 PM	4559	0		D
7:30 PM	8:55 PM	4590	0		D	7:15 PM	8:40 PM	4523	0		D
8:30 PM	9:55 PM	4551	0		X6	9:15 PM	10:40 PM	4517	0		X6
To PROVIDENCE, RI						From PROVIDENCE, RI					
7:00 AM	8:00 AM	4560	0		X67	6:20 AM	7:20 AM	4512	0		X67
8:00 AM	9:00 AM	4509	0		X7	7:15 AM	8:15 AM	4563	0		D
10:00 AM	11:00 AM	4529	0		D	8:20 AM	9:20 AM	4567	0		D

To ROCHESTER, NY					From ROCHESTER, NY				
7:55 AM	9:25 AM	4575	0	X67	7:40 AM	9:05 AM	4510	0	X7
9:30 AM	11:00 AM	4528	0	D	9:50 AM	11:15 AM	4533	0	X6
10:55 AM	12:25 PM	4580	0	X7	11:20 AM	12:45 PM	4531	0	X6
1:30 PM	3:00 PM	4504	0	X6	3:35 PM	5:00 PM	4518	0	D
3:30 PM	5:00 PM	4579	0	X6	5:30 PM	6:55 PM	4543	0	X6
6:25 PM	7:55 PM	4589	0	X7	6:40 PM	8:05 PM	4550	0	X7
9:05 PM	10:35 PM	4507	0	D	8:20 PM	9:45 PM	4597	0	X6

MANCHESTER, NH

To OTTAWA, ONTARIO CANADA						From OTTAWA, ONTARIO CANADA					
7:20 AM	10:50 AM	4538/4500	1	LGA	X7	6:50 AM	10:05 AM	4519/4537	1	LGA	X7
3:25 PM	6:50 PM	4552/4502	1	LGA	D	11:20 AM	3:05 PM	4520/4547	1	LGA	D
6:20 PM	10:30 PM	4542/4514	1	LGA	X6						

To SYRACUSE, NY						From SYRACUSE, NY					
6:25 AM	9:55 AM	4544/4515	1	LGA	X7	8:20 AM	11:05 AM	4505/4525	1	LGA	X67
9:25 AM	12:40 PM	4546/4598	1	LGA	X67	10:15 AM	1:05 PM	4526/4535	1	LGA	X7
11:25 AM	2:15 PM	4572/4501	1	LGA	D	3:20 PM	7:05 PM	4521/4553	1	LGA	D
3:25 PM	6:45 PM	4552/4581	1	LGA	X6	4:25 PM	8:05 PM	4594/4527	1	LGA	X7
						7:05 PM	10:10 PM	4555/4530	1	LGA	X6

OTTAWA, ONTARIO CANADA

To BANGOR, ME						From BANGOR, ME					
7:00 AM	10:00 AM	4201/4280	1	BOS	X7	6:20 AM	10:20 AM	4268/4215	1	BOS	X67
10:50 AM	2:00 PM	4203/4342	1	BOS	D	10:20 AM	2:05 PM	4397/4345	1	BOS	D
11:20 AM	3:40 PM	4520/4524	1	LGA	D	1:20 PM	4:30 PM	4209/4243	1	BOS	D
2:45 PM	6:00 PM	4341/4266	1	BOS	D	2:20 PM	6:15 PM	4383/4421	1	BOS	D
5:00 PM	8:00 PM	4300/4344	1	BOS	D	6:20 PM	10:00 PM	4353/4242	1	BOS	X6
6:45 PM	10:00 PM	4482/4228	1	BOS	X6						

Dep	Arr	Flts	Stp	Via	Freq	Dep	Arr	Flts	Stp	Via	Freq
To ISLIP, NY						From ISLIP, NY					
7:00 AM	9:55 AM	4201/4399	1	BOS	X67	7:15 AM	10:20 AM	4372/4215	1	BOS	X67
10:50 AM	1:55 PM	4203/4330	1	BOS	D	10:15 AM	2:05 PM	4404/4345	1	BOS	X67
2:45 PM	5:55 PM	4341/4259	1	BOS	D	1:15 PM	4:30 PM	4250/4243	1	BOS	X67
5:00 PM	7:55 PM	4300/4296	1	BOS	X6	3:15 PM	6:15 PM	4287/4421	1	BOS	X6
						6:15 PM	10:00 PM	4362/4242	1	BOS	X6

To MANCHESTER, NH						From MANCHESTER, NH					
6:50 AM	10:05 AM	4519/4537	1	LGA	X7	7:20 AM	10:50 AM	4538/4500	1	LGA	X7
11:20 AM	3:05 PM	4520/4547	1	LGA	D	3:25 PM	6:50 PM	4552/4502	1	LGA	D
						6:20 PM	10:30 PM	4542/4514	1	LGA	X6

To PORTLAND, ME						From PORTLAND, ME					
6:50 AM	11:45 AM	4519/4568	1	LGA	X67	6:05 AM	10:50 AM	4595/4500	1	LGA	X67
7:00 AM	9:55 AM	4201/4440	1	BOS	X7	7:00 AM	10:20 AM	4385/4215	1	BOS	X7
10:50 AM	1:55 PM	4203/4202	1	BOS	D	11:15 AM	2:05 PM	4238/4345	1	BOS	X6
11:20 AM	4:00 PM	4520/4596	1	LGA	D	1:15 PM	4:30 PM	4204/4243	1	BOS	D
2:45 PM	6:55 PM	4341/4263	1	BOS	X6	2:15 PM	6:15 PM	4398/4421	1	BOS	X6
2:45 PM	5:55 PM	4341/4254	1	BOS	X6	2:55 PM	6:50 PM	4591/4502	1	LGA	D
5:00 PM	7:55 PM	4300/4210	1	BOS	X6	3:15 PM	6:15 PM	4325/4421	1	BOS	D
6:45 PM	9:55 PM	4482/4418	1	BOS	X6	7:15 PM	10:00 PM	4435/4242	1	BOS	X6

To WASHINGTON (NATIONAL), DC						From WASHINGTON (NATIONAL), DC					
7:00 AM	11:35 AM	4201/4461	1	BOS	X7	11:55 AM	4:30 PM	4315/4243	1	BOS	X6
10:50 AM	4:10 PM	4203/4360	1	BOS	D	5:45 PM	10:00 PM	4452/4242	1	BOS	X6
6:45 PM	11:00 PM	4482/4487	1	BOS	X6						

PHILADELPHIA, PA

To BANGOR, ME					From BANGOR, ME				
7:00 AM	10:00 AM	4302/4280	1	BOS X7	5:20 AM	8:40 AM	4409	1	BOS X67
8:00 AM	11:00 AM	4437/4455	1	BOS D	6:20 AM	9:40 AM	4268/4468	1	BOS X67
9:00 AM	12:00 PM	4444/4212	1	BOS X67	7:20 AM	10:40 AM	4415/4303	1	BOS X7
10:00 AM	1:00 PM	4488/4408	1	BOS X67	8:20 AM	11:40 AM	4334/4433	1	BOS D
11:00 AM	2:00 PM	4304/4342	1	BOS D	9:20 AM	12:40 PM	4278/4308	1	BOS X6
12:00 PM	3:00 PM	4247	1	BOS D	10:20 AM	1:40 PM	4397	1	BOS D
1:00 PM	4:00 PM	4310/4328	1	BOS X6	11:20 AM	2:40 PM	4377/4305	1	BOS D
2:00 PM	5:00 PM	4447/4347	1	BOS D	12:20 PM	3:40 PM	4277	1	BOS D
3:00 PM	6:00 PM	4307/4266	1	BOS D	1:20 PM	4:40 PM	4209/4313	1	BOS D
4:00 PM	7:00 PM	4492/4412	1	BOS D	2:20 PM	5:40 PM	4383	1	BOS D
5:00 PM	8:00 PM	4356/4344	1	BOS D	3:20 PM	6:40 PM	4411/4311	1	BOS D
6:00 PM	9:00 PM	4220	1	BOS D	4:20 PM	7:40 PM	4329/4490	1	BOS D
7:00 PM	10:00 PM	4306/4228	1	BOS D	5:20 PM	8:40 PM	4419/4301	1	BOS X6
8:00 PM	11:00 PM	4375	1	BOS X6	6:20 PM	9:40 PM	4353	1	BOS D
					7:20 PM	10:50 PM	4467/4470	1	BOS X67

To BOSTON (LOGAN), MA					From BOSTON (LOGAN), MA				
7:00 AM	8:30 AM	4302	0	X7	7:00 AM	8:40 AM	4409	0	X67
8:00 AM	9:30 AM	4437	0	D	8:00 AM	9:40 AM	4468	0	X67
9:00 AM	10:30 AM	4444	0	X6	9:00 AM	10:40 AM	4303	0	D
10:00 AM	11:30 AM	4488	0	X67	10:00 AM	11:40 AM	4433	0	D
11:00 AM	12:30 PM	4304	0	D	11:00 AM	12:40 PM	4308	0	X6
12:00 PM	1:30 PM	4247	0	D	12:00 PM	1:40 PM	4397	0	D

6:05 AM	9:00 AM	4595/4509	1	LGA	X67	6:20 AM	9:10 AM	4512/4556	1	LGA	X67
8:30 AM	12:00 PM	4588/4545	1	LGA	D	8:20 AM	11:45 AM	4567/4568	1	LGA	X6
9:35 AM	1:00 PM	4557/4566	1	LGA	X67	9:20 AM	1:05 PM	4565/4562	1	LGA	D

Dep	Arr	Flts	Stp	Via	Freq	Dep	Arr	Flts	Stp	Via	Freq
12:05 PM	4:00 PM	4569/4578	1	LGA	X6	11:20 AM	2:35 PM	4571/4558	1	LGA	X67
1:35 PM	5:00 PM	4554/4576	1	LGA	X7	12:20 PM	4:00 PM	4548/4596	1	LGA	D
2:55 PM	7:00 PM	4591/4511	1	LGA	D	5:20 PM	8:55 PM	4508/4590	1	LGA	D
4:20 PM	8:00 PM	4559/4516	1	LGA	D						

To QUEBEC CITY, CANADA						From QUEBEC CITY, CANADA					
9:15 AM	11:55 AM	4387/4219	1	BOS	D	7:00 AM	9:55 AM	4239/4440	1	BOS	X7
12:15 PM	3:30 PM	4327/4400	1	BOS	D	12:25 PM	3:55 PM	4395/4230	1	BOS	D
7:15 PM	11:10 PM	4435/4241	1	BOS	X6	4:00 PM	6:55 PM	4255/4263	1	BOS	X6

To ROCHESTER, NY						From ROCHESTER, NY					
5:50 AM	10:10 AM	4413/4438	1	BOS	X67	7:00 AM	9:55 AM	4200/4440	1	BOS	X7
6:05 AM	9:25 AM	4595/4575	1	LGA	X67	7:40 AM	11:45 AM	4510/4568	1	LGA	X67
7:00 AM	10:10 AM	4385/4438	1	BOS	X67	9:50 AM	1:05 PM	4533/4562	1	LGA	X6
8:30 AM	12:25 PM	4588/4580	1	LGA	X7	10:30 AM	1:55 PM	4366/4202	1	BOS	X6
10:15 AM	1:05 PM	4282/4457	1	BOS	X6	11:20 AM	2:35 PM	4531/4558	1	LGA	X6
11:15 AM	2:45 PM	4238/4425	1	BOS	X6	1:00 PM	3:55 PM	4359/4230	1	BOS	D
1:15 PM	5:10 PM	4204/4365	1	BOS	D	2:00 PM	4:55 PM	4458/4405	1	BOS	X6
1:35 PM	5:00 PM	4554/4579	1	LGA	X6	3:05 PM	6:55 PM	4352/4263	1	BOS	X6
2:15 PM	5:10 PM	4398/4365	1	BOS	X6	3:05 PM	5:55 PM	4352/4254	1	BOS	X6
3:15 PM	6:10 PM	4325/4309	1	BOS	X7	3:35 PM	6:55 PM	4518/4561	1	LGA	D
4:15 PM	7:15 PM	4274/4426	1	BOS	X6	5:30 PM	8:55 PM	4374/4244	1	BOS	D
4:20 PM	7:55 PM	4559/4589	1	LGA	X7	5:30 PM	8:55 PM	4543/4590	1	LGA	X6
5:15 PM	8:45 PM	4237/4439	1	BOS	D	6:40 PM	9:55 PM	4550/4551	1	LGA	X67
7:15 PM	10:35 PM	4523/4507	1	LGA	D	7:40 PM	11:05 PM	4436/4381	1	BOS	X67

To SYRACUSE, NY						From SYRACUSE, NY					
5:50 AM	8:50 AM	4413/4423	1	BOS	X67	7:00 AM	9:55 AM	4222/4440	1	BOS	X7
6:05 AM	9:55 AM	4595/4515	1	LGA	X67	8:20 AM	11:45 AM	4505/4568	1	LGA	X67
6:15 AM	8:50 AM	4271/4423	1	BOS	X67	9:10 AM	11:55 AM	4272/4312	1	BOS	X6
7:00 AM	10:20 AM	4385/4384	1	BOS	X67	10:15 AM	2:35 PM	4526/4558	1	LGA	X7
8:15 AM	11:55 AM	4295/4414	1	BOS	X67	11:05 AM	1:55 PM	4223/4202	1	BOS	X6
8:30 AM	12:40 PM	4588/4598	1	LGA	X67	12:30 PM	3:55 PM	4420/4230	1	BOS	X67
9:15 AM	11:55 AM	4387/4414	1	BOS	X67	1:00 PM	4:00 PM	4540/4596	1	LGA	X6
9:35 AM	12:40 PM	4557/4598	1	LGA	X67	1:35 PM	3:55 PM	4376/4230	1	BOS	D
10:15 AM	1:15 PM	4282/4275	1	BOS	D	3:20 PM	6:55 PM	4521/4561	1	LGA	D
12:05 PM	4:05 PM	4569/4593	1	LGA	X67	4:00 PM	6:55 PM	4298/4263	1	BOS	X6
12:15 PM	3:40 PM	4327/4386	1	BOS	X6	7:25 PM	9:55 PM	4453/4418	1	BOS	X6
2:55 PM	6:45 PM	4591/4581	1	LGA	X6						
6:15 PM	8:50 PM	4245/4225	1	BOS	X6						

To WASHINGTON (NATIONAL), DC						From WASHINGTON (NATIONAL), DC					
7:00 AM	10:30 AM	4385/4316	1	BOS	X7	7:00 AM	9:55 AM	4317/4440	1	BOS	X7
8:15 AM	11:35 AM	4295/4461	1	BOS	D	8:20 AM	11:55 AM	4320/4312	1	BOS	X6
12:15 PM	4:10 PM	4327/4360	1	BOS	D	11:00 AM	1:55 PM	4202	1	BOS	X7
1:15 PM	5:20 PM	4204/4351	1	BOS	X6	11:55 AM	2:55 PM	4315/4299	1	BOS	X6
5:15 PM	8:50 PM	4237/4428	1	BOS	X67	4:30 PM	7:55 PM	4314/4210	1	BOS	X6
7:15 PM	11:00 PM	4435/4487	1	BOS	X6	5:45 PM	8:55 PM	4452/4244	1	BOS	D

To WHITE PLAINS, NY						From WHITE PLAINS, NY					
5:50 AM	8:00 AM	4413/4355	1	BOS	X67	6:25 AM	8:55 AM	4446/4297	1	BOS	X67
6:15 AM	8:50 AM	4271/4269	1	BOS	X67	7:20 AM	9:55 AM	4248/4440	1	BOS	X67
7:00 AM	10:00 AM	4385/4367	1	BOS	X7	8:20 AM	10:55 AM	4273/4496	1	BOS	X67
8:15 AM	10:30 AM	4295/4279	1	BOS	X67	9:30 AM	11:55 AM	4251/4312	1	BOS	X7
10:15 AM	12:30 PM	4282/4368	1	BOS	D	10:20 AM	12:55 PM	4235/4339	1	BOS	D
11:15 AM	2:00 PM	4238/4257	1	BOS	X6	10:50 AM	12:55 PM	4416/4339	1	BOS	X67
12:15 PM	2:30 PM	4327/4369	1	BOS	X67	12:50 PM	2:55 PM	4424/4299	1	BOS	X67
1:15 PM	3:30 PM	4204/4370	1	BOS	X67	2:20 PM	4:55 PM	4258/4405	1	BOS	D
2:15 PM	4:20 PM	4398	1	BOS	X6	2:50 PM	4:55 PM	4405	1	BOS	X67
3:15 PM	6:00 PM	4325/4394	1	BOS	X67	3:50 PM	5:55 PM	4403/4254	1	BOS	X6
4:15 PM	6:30 PM	4274/4288	1	BOS	X6	4:40 PM	6:55 PM	4389/4263	1	BOS	X67
5:15 PM	7:30 PM	4237/4379	1	BOS	X7	6:20 PM	8:55 PM	4427/4244	1	BOS	X6
6:15 PM	8:50 PM	4245/4289	1	BOS	X6	6:50 PM	8:55 PM	4244	1	BOS	X67
7:15 PM	10:25 PM	4435/4211	1	BOS	X67	7:50 PM	9:55 PM	4448/4418	1	BOS	X67

PROVIDENCE, RI

To BANGOR, ME						From BANGOR, ME					
12:20 PM	3:40 PM	4548/4524	1	LGA	D	4:10 PM	8:00 PM	4586/4516	1	LGA	D

To LAGUARDIA, NY						From LAGUARDIA, NY					
6:20 AM	7:20 AM	4512	0		X67	7:00 AM	8:00 AM	4560	0		X67
7:15 AM	8:15 AM	4563	0		D	8:00 AM	9:00 AM	4509	0		X7
8:20 AM	9:20 AM	4567	0		D	10:00 AM	11:00 AM	4529	0		D
9:20 AM	10:20 AM	4565	0		D	11:00 AM	12:00 PM	4545	0		D
11:20 AM	12:20 PM	4571	0		X67	12:00 PM	1:00 PM	4566	0		X67
12:20 PM	1:20 PM	4548	0		D	1:00 PM	2:00 PM	4536	0		X6
1:20 PM	2:20 PM	4573	0		X6	3:00 PM	4:00 PM	4578	0		D
2:20 PM	3:20 PM	4541	0		X7	4:00 PM	5:00 PM	4576	0		X7
4:20 PM	5:20 PM	4513	0		D	6:00 PM	7:00 PM	4511	0		D
5:20 PM	6:20 PM	4508	0		D	7:00 PM	8:00 PM	4516	0		D
7:20 PM	8:20 PM	4503	0		X6	9:00 PM	10:00 PM	4506	0		D

Dep	Arr	Flts	Stp	Via	Freq	Dep	Arr	Flts	Stp	Via	Freq
To OTTAWA, ONTARIO CANADA						From OTTAWA, ONTARIO CANADA					
7:15 AM	10:50 AM	4563/4500	1	LGA	X7	6:50 AM	11:00 AM	4519/4529	1	LGA	X7
2:20 PM	6:50 PM	4541/4502	1	LGA	X7	11:20 AM	4:00 PM	4520/4578	1	LGA	D

To PORTLAND, ME						From PORTLAND, ME					
6:20 AM	9:10 AM	4512/4556	1	LGA	X67	6:05 AM	9:00 AM	4595/4509	1	LGA	X67
8:20 AM	11:45 AM	4567/4568	1	LGA	X6	8:30 AM	12:00 PM	4588/4545	1	LGA	D
9:20 AM	1:05 PM	4565/4562	1	LGA	D	9:35 AM	2:00 PM	4557/4536	1	LGA	X6
11:20 AM	2:35 PM	4571/4558	1	LGA	X67	12:05 PM	4:00 PM	4569/4578	1	LGA	X6
12:20 PM	4:00 PM	4548/4596	1	LGA	D	1:35 PM	5:00 PM	4554/4576	1	LGA	X7
5:20 PM	8:55 PM	4508/4590	1	LGA	D	2:55 PM	7:00 PM	4591/4511	1	LGA	D
						4:20 PM	8:00 PM	4559/4516	1	LGA	D

To ROCHESTER, NY						From ROCHESTER, NY					
6:20 AM	9:25 AM	4512/4575	1	LGA	X67	7:40 AM	11:00 AM	4510/4529	1	LGA	X7
7:15 AM	11:00 AM	4563/4528	1	LGA	D	7:40 AM	12:00 PM	4510/4545	1	LGA	X7
9:20 AM	12:25 PM	4565/4580	1	LGA	X7	9:50 AM	2:00 PM	4533/4536	1	LGA	X6
11:20 AM	3:00 PM	4571/4504	1	LGA	X67	9:50 AM	1:00 PM	4533/4566	1	LGA	X67
1:20 PM	5:00 PM	4573/4579	1	LGA	X6	3:35 PM	7:00 PM	4518/4511	1	LGA	D
4:20 PM	7:55 PM	4513/4589	1	LGA	X7	3:35 PM	8:00 PM	4518/4516	1	LGA	D
7:20 PM	10:35 PM	4503/4507	1	LGA	X6	6:40 PM	10:00 PM	4550/4506	1	LGA	X7

To SYRACUSE, NY						From SYRACUSE, NY					
7:15 AM	9:55 AM	4563/4515	1	LGA	D	8:20 AM	11:00 AM	4505/4529	1	LGA	X67
9:20 AM	12:40 PM	4565/4598	1	LGA	X67	10:15 AM	1:00 PM	4526/4566	1	LGA	X67
11:20 AM	2:15 PM	4571/4501	1	LGA	X67	1:00 PM	4:00 PM	4540/4578	1	LGA	X6
1:20 PM	4:05 PM	4573/4593	1	LGA	X67	4:25 PM	7:00 PM	4594/4511	1	LGA	X7
						7:05 PM	10:00 PM	4555/4506	1	LGA	X6

QUEBEC CITY, CANADA

To ALBANY, NY						From ALBANY, NY					
7:00 AM	9:50 AM	4239/4261	1	BOS	X7	7:30 AM	11:55 AM	4432/4219	1	BOS	X6
4:00 PM	8:25 PM	4255/4380	1	BOS	X6						

To BOSTON (LOGAN), MA						From BOSTON (LOGAN), MA					
7:00 AM	8:30 AM	4239	0		D	10:25 AM	11:55 AM	4219	0		D
12:25 PM	1:55 PM	4395	0		D	2:00 PM	3:30 PM	4400	0		D
4:00 PM	5:30 PM	4255	0		X6	9:40 PM	11:10 PM	4241	0		X6

To ISLIP, NY						From ISL
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To PROVIDENCE, RI						From PROVIDENCE, RI					
7:40 AM	11:00 AM	4510/4529	1	LGA	X7	6:20 AM	9:25 AM	4512/4575	1	LGA	X67
7:40 AM	12:00 PM	4510/4545	1	LGA	X7	7:15 AM	11:00 AM	4563/4528	1	LGA	D

To PHILADELPHIA, PA						From PHILADELPHIA, PA					
7:00 AM	10:40 AM	4222/4303	1	BOS	X7	7:00 AM	10:20 AM	4302/4384	1	BOS	X67
9:10 AM	12:40 PM	4272/4308	1	BOS	X6	8:00 AM	11:55 AM	4437/4414	1	BOS	X67

Dep	Arr	Flts	Stp	Via	Freq	Dep	Arr	Flts	Stp	Via	Freq
11:05 AM	2:40 PM	4223/4305	1	BOS	X6	9:00 AM	1:15 PM	4444/4275	1	BOS	X6
12:30 PM	4:40 PM	4420/4313	1	BOS	X67	12:00 PM	3:40 PM	4247/4386	1	BOS	X6
1:35 PM	5:40 PM	4376/4383	1	BOS	D	3:00 PM	7:05 PM	4307/4252	1	BOS	D
4:00 PM	7:40 PM	4298/4490	1	BOS	X6	5:00 PM	8:50 PM	4356/4225	1	BOS	X6
7:25 PM	10:50 PM	4453/4470	1	BOS	X67						

To PORTLAND, ME						From PORTLAND, ME					
7:00 AM	9:55 AM	4222/4440	1	BOS	X7	5:50 AM	8:50 AM	4413/4423	1	BOS	X67
8:20 AM	11:45 AM	4505/4568	1	LGA	X67	6:05 AM	9:55 AM	4595/4515	1	LGA	X67
9:10 AM	11:55 AM	4272/4312	1	BOS	X6	6:15 AM	8:50 AM	4271/4423	1	BOS	X67
10:15 AM	2:35 PM	4526/4558	1	LGA	X7	7:00 AM	10:20 AM	4385/4384	1	BOS	X67
11:05 AM	1:55 PM	4223/4202	1	BOS	X6	8:15 AM	11:55 AM	4295/4414	1	BOS	X67
12:30 PM	3:55 PM	4420/4230	1	BOS	X67	8:30 AM	12:40 PM	4588/4598	1	LGA	X67
1:00 PM	4:00 PM	4540/4596	1	LGA	X6	9:15 AM	11:55 AM	4387/4414	1	BOS	X67
1:35 PM	3:55 PM	4376/4230	1	BOS	D	9:35 AM	12:40 PM	4557/4598	1	LGA	X67
3:20 PM	6:55 PM	4521/4561	1	LGA	D	10:15 AM	1:15 PM	4282/4275	1	BOS	D
4:00 PM	6:55 PM	4298/4263	1	BOS	X6	12:05 PM	4:05 PM	4569/4593	1	LGA	X67
7:25 PM	9:55 PM	4453/4418	1	BOS	X6	12:15 PM	3:40 PM	4327/4386	1	BOS	X6
						2:55 PM	6:45 PM	4591/4581	1	LGA	X6
						4:15 PM	7:05 PM	4274/4252	1	BOS	D
						6:15 PM	8:50 PM	4245/4225	1	BOS	X6

To PROVIDENCE, RI						From PROVIDENCE, RI					
8:20 AM	11:00 AM	4505/4529	1	LGA	X67	6:20 AM	9:55 AM	4512/4515	1	LGA	X67
10:15 AM	1:00 PM	4526/4566	1	LGA	X67	7:15 AM	9:55 AM	4563/4515	1	LGA	D
1:00 PM	4:00 PM	4540/4578	1	LGA	X6	9:20 AM	12:40 PM	4565/4598	1	LGA	X67
4:25 PM	7:00 PM	4594/4511	1	LGA	X7	11:20 AM	2:15 PM	4571/4501	1	LGA	X67
7:05 PM	10:00 PM	4555/4506	1	LGA	X6	1:20 PM	4:05 PM	4573/4593	1	LGA	X67

To QUEBEC CITY, CANADA						From QUEBEC CITY, CANADA					
11:05 AM	3:30 PM	4223/4400	1	BOS	X6	7:00 AM	10:20 AM	4239/4384	1	BOS	X6
7:25 PM	11:10 PM	4453/4241	1	BOS	X6	4:00 PM	8:50 PM	4255/4225	1	BOS	X6

To WASHINGTON (NATIONAL), DC						From WASHINGTON (NATIONAL), DC					
7:00 AM	11:35 AM	4222/4461	1	BOS	X7	7:00 AM	11:55 AM	4317/4414	1	BOS	X67
11:05 AM	4:10 PM	4223/4360	1	BOS	X6	8:20 AM	1:15 PM	4320/4275	1	BOS	X6
1:35 PM	5:20 PM	4376/4351	1	BOS	X6	11:55 AM	3:40 PM	4315/4386	1	BOS	X6
4:00 PM	8:50 PM	4298/4428	1	BOS	X67	4:30 PM	8:50 PM	4314/4225	1	BOS	X6

To WHITE PLAINS, NY						From WHITE PLAINS, NY					
7:00 AM	10:00 AM	4222/4367	1	BOS	X7	7:20 AM	10:20 AM	4248/4384	1	BOS	X67
9:10 AM	12:30 PM	4272/4368	1	BOS	X6	8:20 AM	11:55 AM	4273/4414	1	BOS	X67
11:05 AM	2:00 PM	4223/4257	1	BOS	X6	10:20 AM	1:15 PM	4235/4275	1	BOS	D
12:30 PM	3:30 PM	4420/4370	1	BOS	X67	12:50 PM	3:40 PM	4424/4386	1	BOS	X67
1:35 PM	4:20 PM	4376/4398	1	BOS	X6	3:50 PM	7:05 PM	4403/4252	1	BOS	X6
4:00 PM	7:30 PM	4298/4379	1	BOS	X67	4:40 PM	8:50 PM	4389/4225	1	BOS	X67
7:25 PM	10:25 PM	4453/4211	1	BOS	X67						

WASHINGTON, DC (NATIONAL)

To ALBANY, NY						From ALBANY, NY					
4:30 PM	8:25 PM	4314/4380	1	BOS	X6	6:35 AM	10:30 AM	4260/4316	1	BOS	X67
5:45 PM	9:25 PM	4452/4234	1	BOS	D	7:30 AM	11:35 AM	4432/4461	1	BOS	X6
						1:55 PM	5:20 PM	4264/4351	1	BOS	X6

To BANGOR, ME						From BANGOR, ME					
7:00 AM	11:00 AM	4317/4455	1	BOS	X7	6:20 AM	10:30 AM	4268/4316	1	BOS	X67
8:20 AM	12:00 PM	4320/4212	1	BOS	X67	7:20 AM	11:35 AM	4415/4461	1	BOS	X7
11:00 AM	3:00 PM	4202/4247	1	BOS	X7	12:20 PM	4:10 PM	4277/4360	1	BOS	D
11:55 AM	4:00 PM	4315/4328	1	BOS	X6	1:20 PM	5:20 PM	4209/4351	1	BOS	X6
4:30 PM	8:00 PM	4314/4344	1	BOS	X6	4:20 PM	8:50 PM	4329/4428	1	BOS	X67
5:45 PM	10:00 PM	4452/4228	1	BOS	D	7:20 PM	11:00 PM	4467/4487	1	BOS	X6

To BOSTON (LOGAN), MA						From BOSTON (LOGAN), MA					
7:00 AM	8:50 AM	4317	0		X7	8:25 AM	10:30 AM	4316	0		X7
8:20 AM	10:10 AM	4320	0		X6	9:30 AM	11:35 AM	4461	0		D
11:00 AM	12:50 PM	4202	0		X7	2:05 PM	4:10 PM	4360	0		D
11:55 AM	1:45 PM	4315	0		X6	3:15 PM	5:20 PM	4351	0		X6
4:30 PM	6:20 PM	4314	0		X6	6:45 PM	8:50 PM	4428	0		X67
5:45 PM	7:35 PM	4452	0		D	8:55 PM	11:00 PM	4487	0		X6

To BURLINGTON, VT						From BURLINGTON, VT					
7:00 AM	10:40 AM	4317/4456	1	BOS	X7	7:00 AM	10:30 AM	4333/4316	1	BOS	X67
8:20 AM	11:40 AM	4320/4294	1	BOS	X6	8:00 AM	11:35 AM	4346/4461	1	BOS	X7
11:00 AM	2:40 PM	4202/4207	1	BOS	X67	12:00 PM	4:10 PM	4208/4360	1	BOS	X6
11:55 AM	3:40 PM	4315/4267	1	BOS	X6	1:00 PM	5:20 PM	4291/4351	1	BOS	X67
4:30 PM	8:40 PM	4314/4406	1	BOS	X6	5:00 PM	8:50 PM	4233/4428	1	BOS	X67
5:45 PM	9:40 PM	4452/4429	1	BOS	D	7:00 PM	11:00 PM	4479/4487	1	BOS	X67

To HALIFAX, NOVA SCOTIA						From HALIFAX, NOVA SCOTIA					
8:20 AM	1:35 PM	4320/4253	1	BOS	X6	8:00 AM	11:35 AM	4331/4461	1	BOS	D
11:00 AM	5:15 PM	4202/4340	1	BOS	X7	12:30 PM	4:10 PM	4338/4360	1	BOS	D

Dep	Arr	Flts	Stp	Via	Freq	Dep	Arr	Flts	Stp	Via	Freq
To OTTAWA, ONTARIO CANADA						From OTTAWA, ONTARIO CANADA					
11:55 AM	4:30 PM	4315/4243	1	BOS	X6	7:00 AM	11:35 AM	4201/4461	1	BOS	X7
5:45 PM	10:00 PM	4452/4242	1	BOS	X6	10:50 AM	4:10 PM	4203/4360	1	BOS	D
						6:45 PM	11:00 PM	4482/4487	1	BOS	X6

To PORTLAND, ME						From PORTLAND, ME					
7:00 AM	9:55 AM	4317/4440	1	BOS	X7	7:00 AM	10:30 AM	4385/4316	1	BOS	X7
8:20 AM	11:55 AM	4320/4312	1	BOS	X6	8:15 AM	11:35 AM	4295/4461	1	BOS	D
11:00 AM	1:55 PM	4202	1	BOS	X7	12:15 PM	4:10 PM	4327/4360	1	BOS	D
11:55 AM	2:55 PM	4315/4299	1	BOS	X6	1:15 PM	5:20 PM	4204/4351	1	BOS	X6
4:30 PM	7:55 PM	4314/4210	1	BOS	X6	5:15 PM	8:50 PM	4237/4428	1	BOS	X67
5:45 PM	8:55 PM	4452/4244	1	BOS	D	7:15 PM	11:00 PM	4435/4487	1	BOS	X6

To QUEBEC CITY, CANADA						From QUEBEC CITY, CANADA					
7:00 AM	11:55 AM	4317/4219	1	BOS	X7	7:00 AM	11:35 AM	4239/4461	1	BOS	D
11:00 AM	3:30 PM	4202/4400	1	BOS	X7	12:25 PM	5:20 PM	4395/4351	1	BOS	X6
						4:00 PM	8:50 PM	4255/4428	1	BOS	X67

To ROCHESTER, NY						From ROCHESTER, NY					
8:20 AM	1:05 PM	4320/4457	1	BOS	X6	7:00 AM	11:35 AM	4200/4461	1	BOS	X7
11:55 AM	5:10 PM	4315/4365	1	BOS	X6	1:00 PM	5:20 PM	4359/4351	1	BOS	X6
4:30 PM	8:45 PM	4314/4439	1	BOS	X6	5:30 PM	11:00 PM	4374/4487	1	BOS	X6

To SYRACUSE, NY						From SYRACUSE, NY					
7:00 AM	11:55 AM	4317/4414	1	BOS	X67	7:00 AM	11:35 AM	4222/4461	1	BOS	X7
8:20 AM	1:15 PM	4320/4275	1	BOS	X6	11:05 AM	4:10 PM	4223/4360	1	BOS	X6
11:55 AM	3:40 PM	4315/4386	1	BOS	X6	1:35 PM	5:20 PM	4376/4351	1	BOS	X6
4:30 PM	8:50 PM	4314/4225	1	BOS	X6	4:00 PM	8:50 PM	4298/4428	1	BOS	X67

WHITE PLAINS, NY

To ALBANY, NY						From ALBANY, NY					
7:20 AM	9:50 AM	4248/4261	1	BOS	X67	6:35 AM	10:00 AM	4260/4367	1	BOS	X67
10:50 AM	1:35 PM	4416/4283	1	BOS	X67	7:30 AM	10:00 AM	4432/4367	1	BOS	X67
2:50 PM	5:15 PM	4405/4236	1	BOS	X67	10:35 AM	2:00 PM	4285/4257	1	BOS	X6
4:40 PM	8:25 PM	4389/4380	1	BOS	X67	1:55 PM	4:20 PM	4264/4398	1	BOS	X6
6:50 PM	9:25 PM	4244/4234	1	BOS	X67	5:35 PM	8:50 PM	4231/4289	1	BOS	X6

To BANGOR, ME						From BANGOR, ME					
6:25 AM	9:00 AM	4446/4276	1	BOS	X67	5:20 AM	8:00 AM	4409/4355	1	BOS	X67
7:00 AM	10:00 AM	4382/4280	1	BOS	X7	6:20 AM	10:00 AM	4268/4367	1	BOS	X67
7:20 AM	10:00 AM	4248/4280	1	BOS	X67	7:20 AM	10:00 AM	4415/4367	1	BOS	X7
8:20 AM	11:00 AM	4273/4455	1	BOS	X67	9:20 AM	12:30 PM	4278/4368	1	BOS	D
9:30 AM	12:00 PM	4251/4212	1	BOS	X7	10:20 AM	2:00 PM	4397/4257	1	BOS	X6
10:20 AM	1:00 PM	4235/4408	1	BOS	D	11:20 AM	2:00 PM	4377/4257	1	BOS	X6
10:50 AM	2:00 PM	4416/4342	1	BOS	X67	12:20 PM	3:30 PM	4277/4370	1	BOS	X67
12:50 PM	4:00 PM	4424/4328	1	BOS	X67	1:20 PM	4:20 PM	4209/4398	1	BOS	X6
2:20 PM	5:00 PM	4258/4347	1	BOS	D	2:20 PM	6:00 PM	4383/4394	1	BOS	X67
3:50 PM	7:00 PM	4403/4412	1	BOS	X6	3:20 PM	6:00 PM	4411/4394	1	BOS	X67
4:40 PM	8:00 PM	4389/4344	1	BOS	X67	4:20 PM	7:30 PM	4329/4379	1	BOS	X7
6:20 PM	9:00 PM	4427/4220	1	BOS	X6	5:20 PM	8:50 PM	4419/4289	1	BOS	X6
7:50 PM	11:00 PM	4448/4375	1	BOS	X67	7:20 PM	10:25 PM	4467/4211	1	BOS	X67