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Operated by Metro Air Northeast  
A Metro Airlines Company

Effective October 1, 1990

**Reservations:  
800 221-2000**

# Your Commuter Connection to TWA

**TRANS WORLD EXPRESS**  
*Operated by Metro Air Northeast*



## **New Service to JFK**

FROM: Albany, Binghamton,  
Boston, Burlington, Hartford,  
Ithaca, Poughkeepsie and  
Syracuse — 16 Roundtrips.

Operated by Metro Air Northeast  
A Metro Airlines Company

Effective October 1, 1990

**Reservations:**  
**800 221-2000**

# TRANS WORLD EXPRESS

## GENERAL PASSENGER INFORMATION

**SCHEDULES**—TWE reserves the right to cancel or change schedules without notice. Safety is our primary consideration. Schedules shown are based on expected flying times. Because weather and other factors may affect operating conditions, departures and arrivals cannot be guaranteed.

**RESERVATIONS**—Domestic Rsvs: 800-221-2000; Int'l Rsvns: 800-892-4141

**PASSENGER REFUNDS**—Submit requests for refunds of unused flight coupons to: Trans World Airlines, P.O. Box 20364, Kansas City, MO 64195

**SEAT ASSIGNMENT**—TWE offers advance seat selection on all flights up to 11 months prior to departure, and advance check-in Airport Express boarding passes, upon request, within one month of your departure date. Advance selection seats are subject to cancellation if not claimed at least 30 minutes prior to scheduled departure time.

**CHECK-IN TIME**—Please arrive at the airport at least 45 minutes (60 minutes for Puerto Rico and international flights) prior to scheduled departure time. Check with reservations for specific check-in time for your departure city. After having checked-in for the flight, passengers must present themselves at the aircraft loading gate for boarding at least 10 minutes (20 minutes for international flights) before scheduled departure time or your reservation and seat assignment will be subject to cancellation.

### FARES

**Discount Fares**—TWE offers many promotional fares throughout its system with discounts ranging up to 70%. These fares generally have conditions associated with them requiring advance reservation/ticketing and minimum/maximum stay limitations and are subject to a service charge of up to 100% when changes or cancellations occur after the tickets have been issued. Seats at these fares are limited, and it is always best to make your reservations and purchase your tickets as early as possible. This will ensure that you have widest availability of departure times and dates.

Flight number 7750 to 7949 are operated by Metro Air Northeast.

**Carry On Baggage**—TWE has Carry-on Baggage Program approved by the U.S. FAA. All carry-on baggage must be properly stowed prior to the cabin door being closed. Directions of the flight crew must be followed. The maximum number of carry-on pieces is one (1). High load factors and different types of aircraft may limit the number of carry-on bags further. In no case may the number of checked and carry-on bags exceed tariff limitations.

**Baggage Identification**—All checked baggage must bear a name identification on the exterior of the bag or package. Identification tags are provided free by TWE. We also suggest that your name and address be placed inside the baggage.

### EXPLANATION OF SYMBOLS:

1—Monday 2—Tuesday 3—Wednesday 4—Thursday  
5—Friday 6—Saturday 7—Sunday X—Except  
M—Meal S—Snack

Effective October 1, 1990

### WEEKDAYS

## From White Plains:

- Boston  
Ten roundtrips
- Syracuse  
Three roundtrips
- Burlington  
Three roundtrips
- Buffalo  
Three roundtrips
- Washington  
One roundtrip

From:				To:				From:				To:							
Freq.	Leave	Arrive	Flt. Stops/No. Via	Freq.	Leave	Arrive	Flt. Stops/No. Via	Freq.	Leave	Arrive	Flt. Stops/No. Via	Freq.	Leave	Arrive	Flt. Stops/No. Via				
<b>ALBANY/SCHENECTADY/TROY, NY</b>				<b>PLATTSBURGH, NY</b>				<b>BINGHAMTON/ENDICOTT/JOHNSON CITY, NY</b>				<b>ALBANY/SCHENECTADY/TROY, NY</b>							
Reservations: 800-221-2000 Freight: 518-456-1285				X67 8 55a 10 00a 7882 1 X67 10 20a 12 00n 7821/7897 BTV 6 11 40a 12 40p 7792 1 6 1 40p 2 40p 7852 1 Daily 2 00p 3 15p 7817 1 X6 8 55p 10 00p 7927 1 X6 9 00p 10 00p 7787 1				Reservations: 800-221-2000 Freight: 607-797-2223				X67 9 25a 10 25a 7836 1 6 5 15p 6 25p 7795 1 56 7 45p 8 50p 7797 1							
<b>ATLANTIC CITY, NJ</b> Pomona Field				<b>PORTLAND, ME</b>				<b>BOSTON, MA</b>				<b>BURLINGTON, VT</b>							
X7 7 55a 12 00n 7915/7768 BOS X67 9 15a 12 00n 7906/7768 BOS				X67 7 55a 10 30a 7915/7790 BOS X67 10 15a 1 35p 7809/7823 BOS X6 2 00p 6 15p 7817/7866 BOS				X67 7 15a 9 20a 7826 1 X67 7 30a 8 40a 7831 0 X67 1 15p 3 25p 7781/7755 HPN X6 4 00p 5 55p 7811 1 7 5 50p 9 40p 7796/7786 JFK X6 5 50p 9 45p 7796/7939 JFK 5 6 40p 9 40p 7756/7838 BTV				X67 7 15a 9 55a 7826/7750 HPN X67 10 40a 11 40a 7897 0 X6 11 30a 4 00p 7816/7817 LGA X67 4 00p 7 30p 7811/7837 HPN 5 6 40p 8 30p 7756 1 X6 7 40p 8 35p 7825 0							
<b>BINGHAMTON/ENDICOTT/JOHNSON CITY, NY</b>				<b>PROVIDENCE, RI</b>				<b>HARTFORD, CT</b>				<b>ITHACA, NY</b>							
Daily 2 00p 2 40p 7777 0				X67 8 15a 9 00a 7941 0 X6 1 55p 2 45p 7943 0 X6 5 15p 6 05p 7894 0 X6 7 40p 8 30p 7804 0				X6 5 50p 9 05p 7796/7939 JFK				X67 9 25a 9 45a 7836 0 X67 9 55a 10 15a 7815 0 Daily 2 45p 3 05p 7828 0 Daily 2 50p 3 10p 7777 0 6 5 15p 5 35p 7795 0 X6 7 30p 7 50p 7798 0 X6 7 30p 7 50p 7830 0 Daily 7 45p 8 05p 7797 0 X6 10 25p 10 45p 7889 0 X6 10 50p 11 10p 7799 0							
<b>BOSTON, MA</b>				<b>ROCHESTER, NY</b>				<b>WASHINGTON, DC</b>				<b>NEW YORK/NEWARK, NJ</b>							
X7 7 55a 8 45a 7915 0 X67 9 15a 10 05a 7906 0 X67 10 10a 11 30a 7892 1 X7 10 15a 11 05a 7809 0 X67 11 30a 3 25p 7841/7755 HPN X6 2 00p 5 05p 7817 3 X6 6 15p 7 05p 7784 0 X6 7 35p 9 45p 7854/7939 BDL				X7 7 45a 8 45a 7807 0 X67 9 55a 12 05p 7851/7781 BUF X67 1 50p 2 50p 7849 0 X6 5 05p 6 05p 7803 0 X6 7 30p 8 30p 7911 0				National Airport X6 2 00p 5 59p 7777/7824 BGM				L-LaGuardia J-Kennedy E-Newark X67 6 20a J 7 20a 7789 0 X67 7 20a L 8 20a 7814 0 Daily 11 30a L 12 30p 7816 0 Daily 2 50p J 4 30p 7777 1 X6 4 20p L 5 20p 7829 0 6 5 15p J 7 45p 7795/7774 ALB X6 5 50p J 6 50p 7796 0 X6 7 30p L 9 20p 7798 1 X6 7 45p L 9 20p 7797/7798 ITH							
<b>BUFFALO/NIAGARA FALLS, NY</b>				<b>SARANAC LAKE/LAKE PLACID, NY</b>				<b>SYRACUSE, NY</b>				<b>LONG ISLAND/MACARTHUR, NY</b>							
X67 7 50a 9 05a 7855 0 X7 9 55a 11 35a 7851 0 X6 1 50p 3 05p 7857 0 X6 4 20p 5 35p 7853 0 X7 7 30p 8 45p 7859 0				X67 8 55a 9 35a 7882 0 Daily 2 00p 2 50p 7817 0 X6 8 55p 9 35p 7927 0				X67 7 55a 8 40a 7891 0 X7 9 25a 10 10a 7916 0 X6 11 30a 12 15p 7841 0 X6 4 20p 5 05p 7944 0 X6 8 15p 9 00p 7904 0				X67 5 25a 6 15a 7940 0 X67 8 05a 8 55a 7820 0 6 9 30a 10 20a 7791 0 X67 11 00a 11 50a 7856 0 X6 3 00p 3 50p 7902 0 X6 5 20p 6 10p 7843 0 X6 7 40p 8 30p 7895 0							
<b>BURLINGTON, VT</b>				<b>SYRACUSE, NY</b>				<b>WHITE PLAINS, NY</b>				<b>MASSENA, NY</b>							
X67 8 55a 10 30a 7882 2 X67 10 20a 11 05a 7821 0 6 11 40a 12 20p 7792 0 6 1 40p 2 20p 7852 0 X6 2 00p 4 00p 7817 2 X6 9 00p 9 40p 7787 0				X67 7 55a 8 40a 7891 0 X7 9 25a 10 10a 7916 0 X6 11 30a 12 15p 7841 0 X6 4 20p 5 05p 7944 0 X6 8 15p 9 00p 7904 0				X6 11 30a 1 30p 7841 1				X7 9 25a 11 50a 7916 3 X6 11 30a 4 00p 7841/7918 SYR X6 8 15p 10 30p 7904 3							
<b>HARTFORD, CT</b>				<b>WATERTOWN, NY</b>				<b>ALBANY/SCHENECTADY/TROY, NY</b>				<b>BOSTON, MA</b>							
X7 8 10a 8 45a 7850 0 X67 10 10a 10 45a 7892 0 X67 1 55p 2 30p 7852 0 X7 5 20p 5 55p 7858 0 X6 7 35p 8 10p 7854 0				X7 9 25a 11 00a 7916 1 X6 11 30a 3 10p 7841/7918 SYR X6 8 15p 9 40p 7904 1				X6 12 30p 3 10p 7832/7775 BOS				Daily 12 30p 1 45p 7832 0							
<b>ITHACA, NY</b>				<b>WASHINGTON, DC</b>				<b>BURLINGTON, VT</b>				<b>ROCHESTER, NY</b>							
Daily 2 00p 3 10p 7777 1				National Airport X6 2 00p 5 59p 7777/7824 BGM				6 12 30p 3 00p 7832 1 X7 12 30p 3 45p 7832/7929 BOS				X67 9 45a 10 20a 7840 0 X67 2 10p 2 45p 7842 0 X6 6 40p 7 15p 7756 0							
<b>LONG ISLAND/MACARTHUR, NY</b>				<b>WHITE PLAINS, NY</b>				<b>PORTLAND, ME</b>				<b>WASHINGTON, DC</b>							
X67 5 25a 6 15a 7940 0 X67 8 05a 8 55a 7820 0 6 9 30a 10 20a 7791 0 X67 11 00a 11 50a 7856 0 X6 3 00p 3 50p 7902 0 X6 5 20p 6 10p 7843 0 X6 7 40p 8 30p 7895 0				X6 11 30a 1 30p 7841 1				X6 12 30p 3 50p 7832/7864 BOS				National Airport X67 7 45a 9 00a 7898 0 X6 4 45p 5 59p 7824 0							
<b>MASSENA, NY</b>				<b>NEW YORK/NEWARK, NJ</b>				<b>ALBANY/SCHENECTADY/TROY, NY</b>				<b>BOSTON, MA</b>							
X7 9 25a 11 50a 7916 3 X6 11 30a 4 00p 7841/7918 SYR X6 8 15p 10 30p 7904 3				L-LaGuardia J-Kennedy E-Newark X67 6 30a E 7 25a 7880 0 X7 6 45a J 7 40a 7905 0 Daily 12 15p L 1 05p 7827 0 Daily 1 45p J 2 45p 7769 0 67 2 00p J 3 25p 7794 1 Daily 2 00p J 4 30p 7777 2 X6 3 25p J 4 25p 7775 0 X6 6 30p E 7 25p 7818 0 X6 6 35p L 7 30p 7926 0 Daily 6 35p J 7 45p 7774 0				X6 12 30p 3 10p 7832/7775 BOS				Daily 12 30p 1 45p 7832 0				X67 7 15a 8 45a 7826/7750 HPN X67 1 15p 2 35p 7781 1 X67 4 00p 6 20p 7811/7837 HPN			
<b>NEW YORK/NEWARK, NJ</b>				<b>ALBANY/SCHENECTADY/TROY, NY</b>				<b>BURLINGTON, VT</b>				<b>ROCHESTER, NY</b>							
L-LaGuardia J-Kennedy E-Newark X67 6 30a E 7 25a 7880 0 X7 6 45a J 7 40a 7905 0 Daily 12 15p L 1 05p 7827 0 Daily 1 45p J 2 45p 7769 0 67 2 00p J 3 25p 7794 1 Daily 2 00p J 4 30p 7777 2 X6 3 25p J 4 25p 7775 0 X6 6 30p E 7 25p 7818 0 X6 6 35p L 7 30p 7926 0 Daily 6 35p J 7 45p 7774 0				X6 12 30p 3 10p 7832/7775 BOS				6 12 30p 3 00p 7832 1 X7 12 30p 3 45p 7832/7929 BOS				X67 9 45a 10 20a 7840 0 X67 2 10p 2 45p 7842 0 X6 6 40p 7 15p 7756 0							
<b>OGDENSBURG, NY</b>				<b>ALBANY/SCHENECTADY/TROY, NY</b>				<b>BURLINGTON, VT</b>				<b>ROCHESTER, NY</b>							
X7 9 25a 11 30a 7916 2 X6 11 30a 3 40p 7841/7918 SYR X6 8 15p 10 10p 7904 2				X6 12 30p 3 10p 7832/7775 BOS				6 12 30p 3 00p 7832 1 X7 12 30p 3 45p 7832/7929 BOS				X67 9 45a 10 20a 7840 0 X67 2 10p 2 45p 7842 0 X6 6 40p 7 15p 7756 0							

From:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>BINGHAMTON/ENDICOTT/ JOHNSON CITY, NY</b>					

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>WHITE PLAINS, NY</b>					
X67	7 15a	8 00a	7826		0
X67	1 15p	2 00p	7781		0
X6	4 00p	4 45p	7811		0

**From:**  
**BOSTON, MA**  
Domestic: 617-367-2800  
International: 617-367-2808  
Freight: 617-567-4800

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>ALBANY/SCHENECTADY/ TROY, NY</b>					
X67	6 30a	7 20a	7807		0
X7	8 20a	9 10a	7916		0
Daily	12 30p	1 20p	7857		0
X67	12 50p	1 40p	7777		0
X6	2 20p	3 10p	7775		0
X6	5 30p	6 20p	7818		0
X6	7 10p	8 00p	7904		0

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>ATLANTIC CITY, NJ</b> Pomona Field					
Daily	10 35a	12 00n	7768		0

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>BINGHAMTON/ENDICOTT/ JOHNSON CITY, NY</b>					
X67	7 50a	9 15a	7836		0
X67	11 15a	1 55p	7763/7842	HPN	
Daily	12 30p	2 40p	7857/7777	ALB	
X67	12 50p	2 40p	7777		1
X6	4 00p	6 19p	7756		1
X6	7 45p	10 15p	7889		1

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>BUFFALO/NIAGARA FALLS, NY</b>					
X67	6 30a	9 05a	7807/7855	ALB	
X7	8 20a	11 10a	7916/7851	ALB	
X6	12 30p	3 05p	7857		1
X6	2 20p	5 35p	7775/7853	ALB	
X67	5 30p	8 45p	7818/7859	ALB	

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>BURLINGTON, VT</b>					
X7	9 15a	10 05a	7827		0
6	2 00p	3 00p	7832		0
X7	2 45p	3 45p	7929		0
X6	7 30p	8 30p	7867		0

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>HARTFORD, CT</b>					
6	7 05a	7 40a	7822		0
X67	9 00a	9 35a	7822		0

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>ITHACA, NY</b>					
X67	7 50a	9 45a	7836		1
Daily	12 30p	3 10p	7857/7777	ALB	
X67	12 50p	3 10p	7777		2
X6	4 00p	7 50p	7756/7830	BGM	
X6	7 45p	10 45p	7889		2

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>MASSENA, NY</b>					
X7	8 20a	11 50a	7916		4
X6	7 10p	10 30p	7904		4

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>NEW YORK/NEWARK, NJ</b> L-LaGuardia J-Kennedy E-Newark					
6	7 05a J	8 45a	7822		1
X67	9 00a J	10 40a	7822		1
X67	9 20a J	10 35a	7928		0
X67	12 50p J	4 30p	7777		3
X6	2 20p J	4 25p	7775		1
X6	7 45p L	8 55p	7889		0

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>OGDENSBURG, NY</b>					
X7	8 20a	11 30a	7916		3
X6	7 10p	10 10p	7904		3

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>PLATTSBURGH, NY</b>					
X67	6 30a	10 00a	7807/7882	ALB	
X7	9 15a	10 40a	7827		1
6	12 30p	2 40p	7857/7852	ALB	
Daily	12 30p	3 15p	7857/7817	ALB	

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>PLATTSBURGH, NY</b> (Cont'd)					
X7	2 45p	5 00p	7929/7926	BTV	
X6	7 30p	10 00p	7867/7787	BTV	

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>PORTLAND, ME</b>					
X67	9 50a	10 30a	7790		0
X67	12 55p	1 35p	7823		0
X6	3 10p	3 50p	7864		0
X6	5 35p	6 15p	7866		0
X6	10 00p	10 40p	7838		0

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>POUGHKEEPSIE, NY</b>					
X67	7 00a	8 45a	7750		1
67	12 30p	2 30p	7857/7794	ALB	
X67	1 00p	2 35p	7754/7781	HPN	
X67	4 00p	6 20p	7756/7837	HPN	

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>ROCHESTER, NY</b>					
X67	6 30a	8 45a	7807		1
X67	7 50a	10 20a	7836/7840	BGM	
X67	12 50p	2 50p	7777/7849	ALB	
X6	2 20p	6 05p	7775/7803	ALB	
X6	4 00p	7 15p	7756		2
X6	5 30p	8 30p	7818/7911	ALB	

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>SARANAC LAKE/ LAKE PLACID, NY</b>					
X67	6 30a	9 35a	7807/7882	ALB	
X7	9 15a	11 20a	7827		2
Daily	12 30p	2 50p	7857/7817	ALB	
X67	2 45p	5 30p	7929/7926	BTV	
X6	7 10p	9 35p	7904/7927	ALB	

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>SYRACUSE, NY</b>					
X67	6 30a	8 40a	7807/7891	ALB	
X7	8 20a	10 10a	7916		1
X67	11 15a	2 45p	7763/7782	HPN	
X6	2 20p	5 05p	7775/7944	ALB	
X6	4 00p	7 10p	7756/7925	HPN	
X67	5 25p	8 00p	7785		1
X6	7 10p	9 00p	7904		1

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>WASHINGTON, DC</b> National Airport					
X67	11 15a	1 45p	7763		1
X67	12 50p	5 59p	7777/7824	BGM	

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>WATERTOWN, NY</b>					
X7	8 20a	11 00a	7916		2
X6	7 10p	9 40p	7904		2

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>WHITE PLAINS, NY</b>					
X67	7 00a	7 59a	7750		0
X67	7 55a	9 00a	7761		0
X67	9 50a	10 55a	7752		0
X67	11 15a	12 15p	7763		0
X67	1 00p	2 05p	7754		0
X6	4 00p	5 05p	7756		0
X67	5 25p	6 30p	7785		0
X6	6 20p	7 25p	7757		0

**From:**  
**BUFFALO/  
NIAGARA FALLS, NY**  
Reservations: 800-221-2000  
Freight: 716-634-9474

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>ALBANY/SCHENECTADY/ TROY, NY</b>					
X7	6 35a	7 40a	7850		0
X67	9 30a	10 35a	7856		0
X7	12 25p	1 30p	7852		0
X7	3 45p	4 50p	7858		0
X6	4 00p	6 00p	7873/7784	SYR	
X6	6 05p	7 10p	7854		0

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>BINGHAMTON/ENDICOTT/ JOHNSON CITY, NY</b>					
X67	11 45a	1 00p	7781		1

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>BOSTON, MA</b>					
X7	6 35a	8 45a	7850/7915	ALB	
X67	11 45a	3 25p	7781/7755	HPN	
X67	12 25p	5 05p	7852/7817	ALB	

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>BOSTON, MA</b> (Cont'd)					
X6	4 00p	7 05p	7873/7784	SYR	
X6	6 05p	9 45p	7854/7939	BDL	

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>BURLINGTON, VT</b>					
X67	6 35a	10 30a	7850/7882	ALB	
6	12 25p	2 20p	7852		1
X67	12 25p	4 00p	7852/7817	ALB	
X6	6 05p	9 40p	7854/7787	ALB	

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>HARTFORD, CT</b>					
X7	6 35a	8 45a	7850		1
X67	12 25p	2 30p	7852		1
X7	3 45p	5 55p	7858		1
X6	6 05p	8 10p	7854		1

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>LONG ISLAND/MACARTHUR, NY</b>					
X67	6 35a	8 55a	7850/7820	ALB	
X67	9 30a	11 50a	7856		1
X67	12 25p	3 50p	7852/7902	ALB	
X67	3 45p	6 10p	7858/7843	ALB	
X6	6 05p	8 30p	7854/7895	ALB	

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>MASSENA, NY</b>					
X7	6 35a	11 50a	7850/7916	ALB	
X6	6 05p	10 30p	7854/7904	ALB	

To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>NEW YORK/NEWARK, NJ</b> L-LaGuardia J-Kennedy E-Newark					
X67	6 35a J	10 40a	7850/7822	BDL	
X67	9 30a L	1 05p	7856/7827	ALB	
X7	12 25p J	2 45p	7852/7769	ALB	

From: ITHACA, NY (Cont'd)				To: OGDENSBURG, NY				To: PROVIDENCE, RI						
Freq.	Leave	Arrive	Flt. Stops/No. Via	Freq.	Leave	Arrive	Flt. Stops/No. Via	Freq.	Leave	Arrive	Flt. Stops/No. Via			
X67	5:50a	J 7:20a	7789	X67	6:30a	11:30a	7941/7916 ALB	X67	5:20a	9:00a	7915/7941 ALB			
X67	6:45a	L 8:20a	7814	X6	6:25p	10:10p	7911/7904 ALB	X6	2:45p	6:05p	7872/7894 SYR			
Daily	10:55a	L 12:30p	7816	To: PLATTSBURGH, NY	X67	6:30a	10:00a 7941/7882 ALB	To: ROCHESTER, NY	X7	5:20a	8:45a 7915/7807 ALB			
Daily	3:20p	J 4:30p	7777	X67	9:15a	12:00n	7821/7897 BTV	To: SYRACUSE, NY	X7	5:20a	6:30a 7915			
X6	3:35p	L 5:20p	7829	6	10:40a	12:40p	7792	7	11:40a	1:00p	7917			
X6	5:20p	J 6:50p	7796	X67	12:40p	3:15p	7849/7817 ALB	X7	11:55a	1:00p	7917			
6	5:45p	J 7:45p	7795/7774 ALB	X6	6:25p	10:00p	7911/7787 ALB	X6	2:45p	4:00p	7872			
X6	8:20p	L 9:20p	7798	To: PROVIDENCE, RI	X67	6:30a	9:00a 7941	To: WATERTOWN, NY	X7	5:20a	6:00a 7915			
To: PLATTSBURGH, NY	6	3:10p	4:10p 7828	To: ROCHESTER, NY	X67	6:30a	8:45a 7941/7807 ALB	7	11:40a	12:25p	7917			
5	8:10p	10:00p	7797/7787 ALB	X67	12:40p	2:50p	7849	X7	11:55a	12:25p	7917			
To: PORTLAND, ME	X67	6:55a	10:30a 7831/7790 BOS	X6	4:05p	6:05p	7803	X6	2:45p	3:30p	7872			
To: POUGHKEEPSIE, NY	X67	10:55a	2:35p 7816/7781 BGM	X6	6:25p	8:30p	7911	To: WHITE PLAINS, NY	X67	5:20a	8:45a 7915/7770 SYR			
To: ROCHESTER, NY	X67	6:55a	10:20a 7831/7840 BGM	To: SARANAC LAKE/LAKE PLACID, NY	X67	6:30a	9:35a 7941/7882 ALB	X6	2:45p	5:55p	7872/7873 SYR			
X6	5:20p	7:15p	7796/7756 BGM	6	10:40a	2:50p	7792/7817 ALB	From: NEW YORK/NEWARK, NJ	X7	J 8:00a	9:00a 7906			
To: WASHINGTON, DC	X67	6:55a	9:00a 7831/7898 BGM	X67	12:40p	2:50p	7849/7817 ALB	Domestic:	212-290-2121	Daily	L 1:00p	1:50p 7817		
National Airport	X6	3:35p	5:59p 7829/7824 BGM	X6	6:25p	9:35p	7911/7927 ALB	International:	212-290-2141	Daily	J 4:50p	6:15p 7776		
To: WHITE PLAINS, NY	X67	6:45a	8:00a 7814/7826 BGM	To: SYRACUSE, NY	X67	6:30a	8:40a 7941/7891 ALB	Kennedy Freight:	718-917-8870	X6	J 7:20p	8:50p 7788		
X67	10:55a	2:00p	7816/7781 BGM	X67	9:15a	12:15p	7821/7841 ALB	LaGuardia Freight:	718-803-6842	X6	L 7:50p	8:45p 7927		
From: LONG ISLAND/MACARTHUR, NY	X67	10:55a	2:00p 7816/7781 BGM	X6	6:25p	9:00p	7911/7904 ALB	Newark Domestic:	201-623-0422	X6	E 7:55p	8:50p 7787		
Reservations:	800-221-2000	Freight:	516-737-1755	To: WATERTOWN, NY	X67	6:30a	11:00a 7941/7916 ALB	International:	201-643-3339	6	J 8:20p	9:50p 7788		
To: ALBANY/SCHENECTADY/TROY, NY	X67	6:30a	7:20a 7941	X6	6:25p	9:40p	7911/7904 ALB	Newark Freight:	201-961-3160	To: ALBANY/SCHENECTADY/TROY, NY	X67	E 7:45a	8:45a 7882	
X67	9:15a	10:05a	7821	From: MASSENA, NY	X67	6:30a	8:40a 7941/7891 ALB	L-LaGuardia	J-Kennedy E-Newark	X7	J 8:00a	9:00a 7906		
6	10:40a	11:30a	7792	Reservations:	800-221-2000	X67	9:15a	12:15p 7821/7841 ALB	Freight:	315-769-9906	Daily	L 1:00p	1:50p 7817	
X67	12:40p	1:30p	7849	To: ALBANY/SCHENECTADY/TROY, NY	X6	6:25p	9:00p 7911/7904 ALB	X6	J 7:20p	8:50p 7788	Daily	J 4:50p	6:15p 7776	
X6	4:05p	4:55p	7803	X7	5:20a	7:35a	7915	X6	L 7:50p	8:45p 7927	X6	J 7:20p	8:10p 7788	
X6	6:25p	7:15p	7911	X6	2:45p	4:55p	7872/7894 SYR	X6	E 7:55p	8:50p 7787	X6	J 8:20p	9:10p 7788	
To: BINGHAMTON/ENDICOTT/JOHNSON CITY, NY	X67	6:30a	7:20a 7941	X6	4:05p	6:15p	7918/7926 BTV	6	J 8:20p	9:50p 7788	To: BINGHAMTON/ENDICOTT/JOHNSON CITY, NY	X67	L 8:45a	9:45a 7815
X67	12:40p	2:40p	7849/7777 ALB	To: BOSTON, MA	X7	5:20a	8:45a 7915	X67	L 8:45a	9:45a 7815	Daily	L 1:30p	2:30p 7828	
X6	8:55p	10:40p	7799	X7	5:20a	7:05p	7872/7784 SYR	6	J 3:50p	5:05p 7795	X6	J 3:50p	5:40p 7795	
To: BUFFALO/NIAGARA FALLS, NY	X67	6:30a	9:05a 7941/7855 ALB	X6	2:45p	7:05p	7872/7784 SYR	X6	L 6:15p	7:20p 7830	X6	J 3:50p	5:40p 7795	
X67	9:15a	11:35a	7821/7851 ALB	To: BUFFALO/NIAGARA FALLS, NY	X67	5:20a	9:05a 7915/7855 ALB	X6	L 6:15p	7:20p 7830	X6	L 6:15p	7:20p 7830	
X67	12:40p	3:05p	7849/7857 ALB	X7	5:20a	11:35a	7915/7851 ALB	Daily	J 6:15p	7:30p 7797	Daily	J 6:15p	7:30p 7797	
X67	6:25p	8:45p	7911/7859 ALB	7	11:40a	3:40p	7917/7782 SYR	X6	L 9:15p	10:15p 7889	X6	L 9:15p	10:15p 7889	
To: BURLINGTON, VT	X67	6:30a	10:30a 7941/7882 ALB	X67	11:55a	3:40p	7917/7782 SYR	X6	J 9:35p	10:40p 7799	X6	J 9:35p	10:40p 7799	
X67	9:15a	11:05a	7821	To: BURLINGTON, VT	X67	5:20a	8:55a 7915/7820 ALB	To: BOSTON, MA	X67	J 11:25a	12:35p 7823	X6	J 3:50p	7:15p 7795/7756 BGM
6	10:40a	12:20p	7792	Daily	4:05p	4:35p 7918	X7	J 1:10p	2:30p 7929	X6	J 4:50p	8:30p 7776/7911 ALB		
X67	12:40p	4:00p	7849/7817 ALB	To: HARTFORD, CT	X6	4:05p	6:15p 7918/7926 BTV	X6	J 5:29p	6:45p 7778	X6	L 1:00p	5:35p 7776/7927 BTV	
X6	6:25p	9:40p	7911/7787 ALB	X7	5:20a	8:45a 7915/7850 ALB	To: BUFFALO/NIAGARA FALLS, NY	7	J 8:20p	9:40p 7786	X6	L 7:50p	9:35p 7927	
To: ITHACA, NY	To: LONG ISLAND/MACARTHUR, NY	X67	6:30a	10:30a 7941/7882 ALB	X67	5:20a	8:55a 7915/7820 ALB	X67	E 7:45a	9:35a 7882	X6	J 4:05p	8:10p 7771/7925 SYR	
6	10:40a	12:20p	7792	6	5:20a	10:20a 7915/7791 ALB	Daily	L 1:00p	2:50p 7817	X6	J 4:50p	8:45p 7776/7859 ALB		
X67	12:40p	4:00p	7849/7817 ALB	To: NEW YORK/NEWARK, NJ	X67	5:20a	8:55a 7915/7820 ALB	X67	J 1:10p	5:30p 7929/7926 BTV	X6	J 4:50p	8:30p 7776/7911 ALB	
X6	6:25p	9:40p	7911/7787 ALB	L-LaGuardia	J-Kennedy E-Newark	6	5:20a	10:20a 7915/7791 ALB	X6	J 4:50p	9:35p 7776/7927 ALB	X6	L 7:50p	9:35p 7927
To: MASSENA, NY	X67	5:20a	10:35a 7915/7928 BOS	X67	5:20a	8:55a 7915/7791 ALB	To: BURLINGTON, VT	X67	E 7:45a	10:30a 7882	To: SYRACUSE, NY	X67	E 7:45a	10:10a 7882/7916 ALB
X67	6:30a	11:50a	7941/7916 ALB	X6	2:45p	7:10p	7872/7772 SYR	X67	J 8:00a	11:05a 7906/7821 ALB	X7	J 8:00a	10:10a 7906/7916 ALB	
X6	6:25p	10:30p	7911/7904 ALB	X6	4:05p	7:30p	7918/7926 BTV	6	J 8:00a	12:20p 7906/7792 ALB	X6	L 1:00p	5:05p 7817/7944 ALB	
To: NEW YORK/NEWARK, NJ	To: OGDENSBURG, NY	X67	5:20a	5:35a 7915	X7	5:20a	3:45p 7929	X67	L 8:45a	11:40a 7815/7897 BGM	Daily	J 4:05p	5:30p 7771	
L-LaGuardia	J-Kennedy E-Newark	7	11:40a	11:55a 7917	X67	J 4:50p	7:30p 7776/7837 POU	X6	L 1:00p	4:00p 7817	X6	J 4:50p	9:00p 7776/7904 ALB	
X6	8:55p	J 9:15p	7799	X6	2:45p	3:00p 7872	X6	J 6:15p	8:35p 7797/7825 BGM	X6	J 4:50p	9:00p 7776/7904 ALB		
To: PORTLAND, ME	To: PLATTSBURGH, NY	X67	5:20a	10:30a 7915/7790 BOS	Daily	4:05p	5:00p 7918/7926 BTV	X6	L 6:15p	8:35p 7830/7825 BGM	To: WASHINGTON, DC	X6	L 1:30p	5:59p 7828/7824 BGM
X67	5:20a	10:30a	7915/7790 BOS	X6	10:35p	11:00p 7904	X6	J 7:20p	9:40p 7788/7787 ALB	National Airport	X6	L 1:30p	5:59p 7828/7824 BGM	
7	12:00n	1:10p	7863	To: PORTLAND, ME	X6	E 7:55p	9:40p 7787	X6	L 7:50p	9:40p 7927/7787 ALB	To: SYRACUSE, NY	X67	E 7:45a	11:00a 7882/7916 ALB
X6	3:45p	6:15p	7817/7866 BOS	X67	5:20a	10:30a 7915/7790 BOS	6	J 8:00p	10:05p 7939	X7	J 8:00a	11:00a 7906/7916 ALB		
To: POUGHKEEPSIE, NY	X67	6:15a	7:55a 7836/7840 BTV	7	12:00n	1:10p	7863	X6	L 9:40p	10:50p 7800	X67	E 7:45a	11:00a 7882/7916 ALB	
X67	10:15a	11:45a	7882/7947 BTV	X6	3:45p	6:15p	7817/7866 BOS	X6	J 8:00p	10:05p 7939	X7	J 8:00a	11:00a 7906/7916 ALB	
X67	12:50p	2:30p	7769/7794 ALB	To: OGDENSBURG, NY	X67	5:20a	10:30a 7915/7790 BOS	X6	L 9:40p	10:50p 7800	X67	E 7:45a	11:00a 7882/7916 ALB	
X67	3:45p	5:10p	7817/7834 BTV	X7	4:50a	5:35a 7915	To: BUFFALO/NIAGARA FALLS, NY	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
To: BURLINGTON, VT	X67	6:15a	7:30a 7836	X67	5:20a	8:55a 7915/7820 ALB	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB		
X67	6:05a	6:20a	7898	7	12:00n	1:10p	7863	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
X67	6:15a	6:30a	7836	X6	3:45p	6:15p	7817/7866 BOS	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
X67	10:15a	10:30a	7882	To: PORTLAND, ME	X67	5:20a	10:30a 7915/7790 BOS	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
7	12:00n	12:15p	7863	X67	6:15a	10:30a 7836/7790 BOS	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB		
7	1:45p	2:00p	7872	7	12:00n	1:10p	7863	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
X6	3:45p	4:00p	7817	X6	3:45p	6:15p	7817/7866 BOS	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
To: HARTFORD, CT	X67	6:15a	9:35a 7836/7822 BOS	To: MASSENA, NY	X67	6:15a	7:30a 7836	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
X7	5:30a	8:45a	7905/7850 ALB	7	11:10a	11:35a	7917	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
X67	6:15a	9:35a	7836/7822 BOS	7	1:45p	2:40p	7872	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
7	12:00n	1:55p	7863/7936 BTV	X67	2:15p	2:40p	7872	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
X67	12:50p	2:30p	7769/7852 ALB	To: ITHACA, NY	X67	5:20a	10:30a 7915/7790 BOS	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
7	1:45p	3:10p	7872/7853 BTV	7	9:35a	10:35a	7816	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
X6	3:45p	4:00p	7817	7	12:35p	3:10p	7777	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
To: BURLINGTON, VT	X67	5:30a	8:55a 7905/7820 ALB	7	10:40a	11:35a	7917	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
X67	5:30a	8:55a	7905/7820 ALB	X6	12:50p	3:10p	7769/7777 ALB	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
X6	12:50p	3:50p	7769/7902 ALB	To: LONG ISLAND/MACARTHUR, NY	X67	5:30a	8:55a 7905/7820 ALB	X67	E 7:45a	11:00a 7882/7916 ALB	X7	J 8:00a	11:00a 7906/7916 ALB	
X6	5:10p	8:30p	7926/7895 ALB	X67	5:30a	8:55a	7905/7820 ALB	X67	E 7:45a	11:00a 7882/7916 ALB	X7			

From:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>PLATTSBURGH, NY</b>					

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>PROVIDENCE, RI</b>	X67	5 30a	9 00a	7905/7941	ALB
	X6	12 50p	2 45p	7769/7943	ALB
	7	1 45p	6 05p	7872/7894	SYR
	X67	2 15p	6 05p	7872/7894	SYR
	X6	5 10p	8 30p	7926/7804	ALB

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>ROCHESTER, NY</b>	X7	5 30a	8 45a	7905/7807	ALB
	X67	6 15a	10 20a	7836/7840	BTV
	X67	12 50p	2 50p	7769/7849	ALB
	X6	5 10p	8 30p	7926/7911	ALB

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>SARANAC LAKE/LAKE PLACID, NY</b>	X7	5 30a	5 50a	7905	0
	Daily	11 00a	11 20a	7827	0
	7	12 35p	12 55p	7777	0
	X6	5 10p	5 30p	7926	0

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>SYRACUSE, NY</b>	X7	4 50a	6 30a	7915	3
	X67	5 30a	8 40a	7905/7891	ALB
	7	11 10a	1 00p	7917	3
	7	1 45p	4 00p	7872	4
	X67	2 15p	4 00p	7872	3
	X6	5 10p	9 00p	7926/7904	ALB

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>WASHINGTON, DC</b> National Airport	X67	6 05a	9 00a	7898	2
	7	1 45p	5 59p	7872/7824	BTV

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>WATERTOWN, NY</b>	X7	4 50a	6 00a	7915	2
	7	11 10a	12 25p	7917	2
	7	1 45p	3 30p	7872	3
	X67	2 15p	3 30p	7872	2

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>WHITE PLAINS, NY</b>	X67	6 15a	8 30a	7836/7840	BTV
	X67	10 15a	12 15p	7882/7947	BTV
	7	1 45p	5 05p	7872/7756	BTV
	X67	3 45p	5 40p	7817/7834	BTV

From:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>PORTLAND, ME</b>					
<b>Reservations:</b>	800-221-2000				

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>ALBANY/SCHENECTADY/TROY, NY</b>	X7	7 15a	9 10a	7916	1
	X67	10 50a	1 20p	7861/7857	BOS
	X6	4 20p	6 20p	7865/7818	BOS

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>ATLANTIC CITY, NJ</b> Pomona Field	X7	7 15a	12 00n	7916/7768	BOS

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>BINGHAMTON/ENDICOTT/JOHNSON CITY, NY</b>	X67	10 50a	2 40p	7861/7777	BOS
	X6	1 50p	6 19p	7863/7756	BOS
	X6	6 30p	10 15p	7867/7889	BOS

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>BOSTON, MA</b>	X7	7 15a	7 55a	7916	0
	X67	10 50a	11 30a	7861	0
	X6	1 50p	2 30p	7863	0
	X6	4 20p	5 00p	7865	0
	X6	6 30p	7 10p	7867	0

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>BUFFALO/NIAGARA FALLS, NY</b>	X7	7 15a	11 10a	7916/7851	ALB
	X67	10 50a	3 05p	7861/7857	BOS

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>BURLINGTON, VT</b>	X7	7 15a	10 05a	7916/7827	BOS
	X6	6 30p	8 30p	7867	1

From:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>HARTFORD, CT</b>	X67	7 15a	9 35a	7916/7822	BOS

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>ITHACA, NY</b>	X67	10 50a	3 10p	7861/7777	BOS
	X6	6 30p	10 45p	7867/7889	BOS

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>LONG ISLAND/MACARTHUR, NY</b>	6	7 15a	10 20a	7916/7791	ALB
	X67	7 15a	11 50a	7916/7856	ALB

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>MASSENA, NY</b>	X7	7 15a	11 50a	7916	5
	X6	4 20p	10 30p	7865/7904	BOS

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>NEW YORK/NEWARK, NJ</b> L-LaGuardia J-Kennedy E-Newark	X67	7 15a	10 35a	7916/7928	BOS
	X6	6 30p	8 55p	7867/7889	BOS

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>OGDENSBURG, NY</b>	X7	7 15a	11 30a	7916	4
	X6	4 20p	10 10p	7865/7904	BOS

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>PLATTSBURGH, NY</b>	X7	7 15a	10 40a	7916/7827	BOS
	X6	6 30p	10 00p	7867/7787	BTV

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>ROCHESTER, NY</b>	X6	1 50p	7 15p	7863/7756	BOS

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>SARANAC LAKE/LAKE PLACID, NY</b>	X7	7 15a	11 20a	7916/7827	BOS

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>SYRACUSE, NY</b>	X7	7 15a	10 10a	7916	2
	X6	4 20p	9 00p	7865/7904	BOS

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>WATERTOWN, NY</b>	X7	7 15a	11 00a	7916	3
	X6	4 20p	9 40p	7865/7904	BOS

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>WHITE PLAINS, NY</b>	X67	7 15a	10 55a	7916/7752	BOS
	X67	10 50a	2 05p	7861/7754	BOS
	X6	1 50p	5 05p	7863/7756	BOS
	X6	4 20p	7 25p	7865/7757	BOS

From:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>POUGHKEEPSIE, NY</b>					
<b>Reservations:</b>	800-221-2000				
<b>Freight:</b>	914-462-7166				

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>ALBANY/SCHENECTADY/TROY, NY</b>	Daily	5 45p	6 15p	7776	0
	X6	8 20p	8 50p	7788	0
	6	9 20p	9 50p	7788	0

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>BINGHAMTON/ENDICOTT/JOHNSON CITY, NY</b>	X67	8 10a	9 35a	7840	1
	X67	11 55a	1 55p	7948/7842	HPN

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>BOSTON, MA</b>	X67	8 10a	10 15a	7840/7762	HPN
	X67	11 55a	3 25p	7948/7755	HPN
	X6	2 45p	6 45p	7794/7778	JFK

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>BUFFALO/NIAGARA FALLS, NY</b>	X67	8 10a	10 55a	7840/7780	HPN
	X67	11 55a	3 40p	7948/7782	HPN
	X67	5 20p	8 10p	7834/7925	HPN
	X7	5 45p	8 45p	7776/7859	ALB

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>BURLINGTON, VT</b>	X67	8 55a	9 55a	7750	0
	X67	11 55a	1 39p	7948	1
	X67	6 30p	7 30p	7837	0
	X6	8 20p	9 40p	7788/7787	ALB

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>ITHACA, NY</b>	X67	8 10a	10 15a	7840/7815	BGM

From:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>MASSENA, NY</b>	X67	11 55a	2 40p	7948/7872	BTV
	X6	5 45p	10 30p	7776/7904	ALB

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>NEW YORK/NEWARK, NJ</b> L-LaGuardia J-Kennedy E-Newark	Daily	2 45p	3 25p	7794	0

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>OGDENSBURG, NY</b>	X67	11 55a	3 00p	7948/7872	BTV
	X6	5 45p	10 10p	7776/7904	ALB

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>PLATTSBURGH, NY</b>	X67	8 55a	10 40a	7750/7827	BTV
	X67	11 55a	2 04p	7948/7872	BTV
	X6	8 20p	10 00p	7788/7787	ALB

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>PORTLAND, ME</b>	X67	6 30p	10 40p	7837/7838	BTV

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>PROVIDENCE, RI</b>	X6	5 45p	8 30p	7776/7804	ALB

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>ROCHESTER, NY</b>	X67	8 10a	10 20a	7840	2
	X67	11 55a	2 45p	7948/7842	HPN
	X6	5 45p	8 30p	7776/7911	ALB

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>SARANAC LAKE/LAKE PLACID, NY</b>	X67	8 55a	11 20a	7750/7827	BTV
	X6	5 45p	9 35p	7776/7927	ALB

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>SYRACUSE, NY</b>	X67	8 10a	9 59a	7840/7780	HPN
	X67	11 55a	2 45p	7948/7782	HPN
	Daily	2 45p	5 30p	7794/7771	JFK
	X67	5 20p	7 10p	7834/7925	HPN
	X6	5 45p	9 00p	7776/7904	ALB

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>WASHINGTON, DC</b> National Airport	X67	11 55a	1 45p	7948/7763	HPN

To:	Freq.	Leave	Arrive	Flt. No.	Stops/Via
<b>WATERTOWN, NY</b>	X				

From:	Freq.	Leave	Arrive	Ft. No.	Stops/Via	To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via	
<b>SYRACUSE, NY</b>						<b>WATERTOWN, NY</b>	X7	10 35a	11 00a	7916	0	
<b>Reservations: 315-422-8821</b>							Daily	2 45p	3 10p	7918	0	
<b>Freight: 800-TW-CARGO</b>							X6	9 15p	9 40p	7904	0	
<b>To: ALBANY/SCHENECTADY/TROY, NY</b>						<b>WHITE PLAINS, NY</b>	X67	7 45a	8 45a	7770	0	
X7	6 50a	7 35a	7915	0			X6	12 30p	1 30p	7841	0	
X67	9 10a	9 50a	7892	0			X6	4 55p	5 55p	7873	0	
X6	4 15p	4 55p	7894	0								
X6	5 20p	6 00p	7784	0		<b>From:</b>						
X67	8 15p	9 00p	7839	0		<b>WASHINGTON, DC</b>						
<b>To: BOSTON, MA</b>						<b>Domestic: 202-737-7400</b>						
X7	6 50a	8 45a	7915	1		<b>International: 202-737-7404</b>						
X67	7 45a	10 15a	7770/7762	HPN		<b>Freight: 703-769-6000</b>						
X67	9 10a	11 05a	7892/7809	ALB		National Airport						
X67	12 30p	3 25p	7841/7755	HPN		<b>To: ALBANY/SCHENECTADY/TROY, NY</b>	5	6 20p	8 50p	7825/7797	BGM	
X6	5 20p	7 05p	7784	1		<b>To: BINGHAMTON/ENDICOTT/JOHNSON CITY, NY</b>	X67	9 20a	10 30a	7897	0	
<b>To: BUFFALO/NIAGARA FALLS, NY</b>							X67	2 05p	6 19p	7764/7756	HPN	
X67	10 15a	10 55a	7780	0			X6	6 20p	7 30p	7825	0	
X6	3 00p	3 40p	7782	0		<b>To: BOSTON, MA</b>	X67	2 05p	4 45p	7764	1	
X6	7 25p	8 10p	7925	0			<b>To: BURLINGTON, VT</b>	X67	9 20a	11 40a	7897	1
<b>To: BURLINGTON, VT</b>								X67	2 05p	7 30p	7764/7837	HPN
X67	6 50a	10 30a	7915/7882	ALB			X6	6 20p	8 35p	7825	1	
X67	9 10a	11 05a	7892/7821	ALB		<b>To: ITHACA, NY</b>	X6	6 20p	8 05p	7825/7797	BGM	
Daily	2 45p	4 35p	7918	3			<b>To: NEW YORK/NEWARK, NJ</b>	X67	9 20a	12 00n	7897	2
<b>To: HARTFORD, CT</b>							L-LaGuardia J-Kennedy E-Newark	X6	6 20p	10 00p	7825/7787	BTV
X7	6 50a	8 45a	7915/7850	ALB		<b>To: POUGHKEEPSIE, NY</b>	X67	9 20a	2 35p	7897/7781	BGM	
X67	9 10a	10 45a	7892	1			X67	2 05p	6 20p	7764/7837	HPN	
X67	4 15p	5 55p	7894/7858	ALB		<b>To: ROCHESTER, NY</b>	X67	2 05p	7 15p	7764/7756	HPN	
X6	5 20p	8 10p	7784/7854	ALB		<b>To: SYRACUSE, NY</b>	X67	2 05p	7 10p	7764/7925	HPN	
Daily	5 55p	9 05p	7772/7939	JFK			X67	9 20a	2 00p	7897/7781	BGM	
<b>To: LONG ISLAND/MACARTHUR, NY</b>							X67	2 05p	3 29p	7764	0	
X67	6 50a	8 55a	7915/7820	ALB		<b>From:</b>						
6	6 50a	10 20a	7915/7791	ALB		<b>WHITE PLAINS, NY</b>						
X67	9 10a	11 50a	7892/7856	ALB		<b>Reservations: 800-221-2000</b>						
X6	4 15p	6 10p	7894/7843	ALB		<b>Freight: 914-997-8404</b>						
X6	5 20p	8 30p	7784/7895	ALB		<b>To: ALBANY/SCHENECTADY/TROY, NY</b>	X67	6 00p	8 50p	7837/7788	POU	
<b>To: MASSENA, NY</b>						<b>To: BINGHAMTON/ENDICOTT/JOHNSON CITY, NY</b>	X67	8 45a	9 35a	7840	0	
X7	10 35a	11 50a	7916	2			X67	1 05p	1 55p	7842	0	
Daily	2 45p	4 00p	7918	2			X6	5 29p	6 19p	7756	0	
X6	9 15p	10 30p	7904	2		<b>To: BOSTON, MA</b>	X67	6 40a	7 35a	7760	0	
<b>To: NEW YORK/NEWARK, NJ</b>							X67	8 30a	9 20a	7826	0	
L-LaGuardia J-Kennedy E-Newark							X7	9 20a	10 15a	7762	0	
X67	9 10a	1 05p	7892/7827	ALB			X67	2 30p	3 25p	7755	0	
X6	5 20p	7 25p	7784/7818	ALB			X67	3 50p	4 45p	7764	0	
X6	5 20p	7 30p	7784/7926	ALB			X6	5 00p	5 55p	7811	0	
Daily	5 55p	7 10p	7772	0		<b>To: BUFFALO/NIAGARA FALLS, NY</b>	X67	8 59a	10 55a	7780	1	
<b>To: OGDENSBURG, NY</b>							X6	1 45p	3 40p	7782	1	
X7	10 35a	11 30a	7916	1			X6	6 10p	8 10p	7925	1	
Daily	2 45p	3 40p	7918	1		<b>To: BURLINGTON, VT</b>	X67	8 25a	9 55a	7750	1	
X6	9 15p	10 10p	7904	1			X67	8 45a	11 40a	7840/7897	BGM	
<b>To: PLATTSBURGH, NY</b>							X67	12 29p	1 39p	7948	0	
X67	6 50a	10 00a	7915/7882	ALB			5	5 29p	8 30p	7756	2	
Daily	2 45p	5 00p	7918/7926	BTV			X6	5 29p	8 35p	7756/7825	BGM	
X6	9 15p	11 00p	7904	3			X67	6 00p	7 30p	7837	1	
<b>To: PORTLAND, ME</b>						<b>To: SARANAC LAKE/LAKE PLACID, NY</b>	X67	6 50a	9 35a	7915/7882	ALB	
X67	6 50a	10 30a	7915/7790	BOS			X6	2 45p	5 30p	7918/7926	BTV	
X67	9 10a	1 35p	7892/7823	BOS								
<b>To: POUGHKEEPSIE, NY</b>												
X67	12 30p	2 35p	7841/7781	HPN								
6	5 55p	9 10p	7772/7788	JFK								
<b>To: PROVIDENCE, RI</b>												
X67	6 50a	9 00a	7915/7941	ALB								
X6	4 15p	6 05p	7894	1								
X6	5 20p	8 30p	7784/7804	ALB								

From:	Freq.	Leave	Arrive	Ft. No.	Stops/Via	To:	Freq.	Leave	Arrive	Ft. No.	Stops/Via
<b>WHITE PLAINS, NY</b>						<b>PLATTSBURGH, NY (Cont'd)</b>	X67	6 00p	10 00p	7837/7787	BTV
							X6	6 10p	11 00p	7925/7904	SYR
							X67	7 00p	11 00p	7785/7904	SYR
<b>To: ITHACA, NY</b>						<b>To: PORTLAND, ME</b>	X67	8 30a	10 30a	7826/7790	BOS
X67	8 45a	10 15a	7840/7815	BGM			X67	9 20a	1 35p	7762/7823	BOS
X67	1 05p	3 05p	7842/7828	BGM			X67	3 50p	6 15p	7764/7866	BOS
X6	5 29p	7 50p	7756/7830	BGM		<b>To: POUGHKEEPSIE, NY</b>	X67	8 25a	8 45a	7750	0
<b>To: MASSENA, NY</b>							X67	2 15p	2 35p	7781	0
X67	8 59a	11 50a	7780/7916	SYR			X67	6 00p	6 20p	7837	0
X67	12 29p	2 40p	7948/7872	BTV		<b>To: ROCHESTER, NY</b>	X67	8 45a	10 20a	7840	1
X6	6 10p	10 30p	7925/7904	SYR			X67	1 05p	2 45p	7842	1
X67	7 00p	10 30p	7785/7904	SYR			X6	5 29p	7 15p	7756	1
<b>To: OGDENSBURG, NY</b>						<b>To: SARANAC LAKE/LAKE PLACID, NY</b>	X67	8 25a	11 20a	7750/7827	BTV
X67	8 59a	11 30a	7780/7916	SYR							
X67	12 29p	3 00p	7948/7872	BTV		<b>To: SYRACUSE, NY</b>	X67	8 59a	9 59a	7780	0
X6	6 10p	10 10p	7925/7904	SYR			X6	1 45p	2 45p	7782	0
X67	7 00p	10 10p	7785/7904	SYR			X6	6 10p	7 10p	7925	0
<b>To: PLATTSBURGH, NY</b>							X67	7 00p	8 00p	7785	0
X67	8 25a	10 40a	7750/7827	BTV		<b>To: WASHINGTON, DC</b>					
X67	8 45a	12 00n	7840/7897	BGM		National Airport	X67	12 30p	1 45p	7763	0
X67	12 29p	2 04p	7948/7872	BTV		<b>To: WATERTOWN, NY</b>	X67	8 59a	11 00a	7780/7916	SYR



The Trans World Express Fleet

The Saab 340 aircraft (shown above) is the flagship of the Trans World Express fleet as operated by Metro Air Northeast. Metro also flies 11 Beech 1900's and 9 other Saabs to serve 26 cities throughout the Northeast. The airline feeds TransWorld Airlines flights at Boston, LaGuardia, Newark, Kennedy, Washington, D.C., Syracuse and Hartford. The Saab 340 seats 34 passengers, and the Beech 1900, 19 passengers. Saab flights offer in-flight beverage and snack service, provided by flight attendants. Both aircraft have fully-pressurized cabins, with cruising speeds of 300 m.p.h. at altitudes of 23,000 feet. Metro Air Northeast is owned by Metro Airlines, Inc. of Dallas, Texas.

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